

Short Skirts!

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ann Napier (NZ)
音樂: Man! I Feel Like a Woman! - Shania Twain



KICK, STEP FORWARD, SHOULDER ROLLS, HIP ROLLS TURNING ¼ TURN LEFT

1&2 Kick left foot forward, step left back in place, step forward on right
3-4 Roll right shoulder forward, roll left shoulder back
5-6 Roll your hips once 1/8 turn to your left
7-8 Roll your hips twice 1/8 turn to your left

ROCK, ¼ TURN LEFT, ROCK, ¼ TURN LEFT

9-10 Rock forward on right, rock back onto left
11&12 Step right behind left, step on left making ¼ turn left, step right beside left
13-14 Rock forward on left, rock back onto right
15&16 Step left behind right, step out on right making ¼ turn left, step left beside right

ROCK, UNWIND ½ TURN RIGHT, LEFT SIDE ROCK, BEHIND, SIDE, LOCK

17-18 Rock forward on right, rock back onto left
19-20 Cross right behind left, unwind ½ turn to right
21-22 Rock out to left side on left foot, rock back onto right in place
23&24 Cross left behind right, step right to right side, lock left behind right

ROCKS, TOUCH, SLAP, TOUCH, CROSS, UNWIND ½ TURN LEFT, STOMP, STOMP

25&26 With feet in locked position rock feet left, right, left (finish with weight on right)
27&28 Touch left toe to left side, slap left heel behind right knee, touch left toe to left side
29-30 Cross left behind right, unwind ½ turn to left
31-32 Stomp left foot beside right, stomp right next to left (weight on right)

REPEAT
