

# Short Skirts

拍數: 64      牆數: 1      級數: Intermediate  
編舞者: Vicki Wenc (USA)  
音樂: Man! I Feel Like a Woman! - Shania Twain



## WALK FORWARD, OUT-OUT, HOLD, SHOULDER WIGGLE

1-4      Walk forward right-left-right-left  
&5-6      Step right foot to right side, step left foot to left side, hold and place hands on hips  
7&8      Drop right shoulder/ raise left shoulder, drop left shoulder/ raise right shoulder, drop right shoulder/ raise left shoulder and shift weight to right foot

## KICK, CROSS-STEP, KICK, CROSS-TOUCH, UNWIND, HIP CIRCLE

1-2      Kick left foot forward, cross-step left foot over right foot  
3-4      Kick right foot forward, cross-touch right toe over left foot  
5-6      Unwind on balls of both feet turning  $\frac{1}{2}$  to left (use both counts for the turn)  
7&8      Circle hips left-right-left (weight ending on left foot)

## KICK-BACK-CROSS, FULL TURN, OUT-CROSS-HOLD 2X

1&2      Kick right foot at 45 degree angle to right, step back on right foot, cross-step left foot over right foot  
3-4      Slow turn: turn full turn to right ending with right foot crossed over left foot and weight on right foot  
&5-6      Step left foot to left, cross-step right foot over left foot, hold  
&7-8      Step left foot to left, cross-step right foot over left foot, hold

## "HITCH KICK" SHUFFLE FORWARD 2X, SIDE SHUFFLE

&1&2      Step back on left foot, kick right foot forward, step back on right foot, step left foot forward  
3&4      Shuffle forward right-left-right  
5&6      Shuffle forward left-right-left  
7&8      Side shuffle to right right-left-right

## BACK ROCK, RECOVER, SIDE, HEEL DROP, CROSS, HEEL DROP SIDE ROCK, RECOVER

1-2      Rock back on left foot, step right foot forward (recover)  
3-4      Step left toe to left side, drop left heel  
5-6      Cross-step right toe over left foot, drop right heel  
7-8      Rock left foot to left side, rock back (recover) on right foot

## CROSS, HEEL DROP, SIDE, HEEL DROP, SHUFFLE BACK, $\frac{1}{2}$ RIGHT TURNING SHUFFLE

1-2      Cross-step left toe over right foot, drop left heel  
3-4      Step right toe to right side, drop right heel  
5&6      Shuffle backwards left-right-left  
7&8       $\frac{1}{2}$  turning shuffle to right right-left-right

## $\frac{1}{2}$ RIGHT PIVOT TURN, SHUFFLE FORWARD, $\frac{1}{2}$ LEFT PIVOT, STEP TOGETHER

1-2      Step left foot forward, pivot  $\frac{1}{2}$  to right on ball of left foot and step down on right foot (right foot is forward)  
3&4      Shuffle forward left-right-left  
5-6      Step right foot forward, pivot  $\frac{1}{2}$  to left on ball of right foot and step down on left foot (left foot is forward)  
7-8      Step right foot forward, step left foot together

## HIP CIRCLE, TOUCH RIGHT, HOLD, SWITCH LEFT, HOLD, STEP CENTER

1-4 Using 4 counts roll hips slowly to the left left-right-left ending with weight on left foot  
5-6 Touch right toe to right side, hold  
&7-8& Step right foot home, touch left toe to left side, hold, step left foot home

**REPEAT**

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