A Shore Waltz



拍數: 48 牆數: 2 級數: Intermediate waltz

編舞者: Anne Hewitt (UK)

音樂: The Seashores of Old Mexico - George Strait



Thanks to a friend for recommending the music

FORWARD LEFT DRAG HOLD, RIGHT COASTER STEP

1-2-3 Step left diagonally forward to right, drag (or draw) right to left, hold (1:00)

4-5-6 Step back right (still facing diagonal) step left next to right, step forward with right (1:00)

STEP LEFT 1/4 RONDE, CROSS SIDE BEHIND

1-2-3 Step forward on left (still diagonal) ronde right from back just over ¼ left over 2 counts

(weight still on left and your now straightened up facing 9:00)

4-5-6 Cross step right over, left, step left to left side, step right behind left

STEP DRAG BRUSH SWING, (FULL) TRIPLE TURN RIGHT

1-2-3 Big step left to left, drag right towards left, bend right knee gently brush right foot to swing

across front left calf

4-5-6 Step right making a ¼ turn right, step back ½ turn right with left, step into a ¼ turn right to

right side

Easier option: grapevine right for 4-5-6

CROSS LEFT POINT HOLD, BEHIND 1/4 CROSS

1-2-3 Cross left over right, point right to diagonal right, hold

4-5-6 Step back on right, ¼ turn left stepping left to left side, cross right over left

FORWARD DRAG HOLD, FORWARD 23 (MOVING FORWARD ON DIAGONALS)

1-2-3 Step diagonal left with left, drag right up to over 2 counts, weight remains on left

4-5-6 Step diagonal forward to right on right, together left then right

FORWARD TAP TAP, FULL TURN RIGHT (MOVING FORWARD ON DIAGONAL ONLY)

1-2-3 Step forward diagonal left with left, tap right toe next 2 left instep twice

4-5-6 Full triple turn right, stepping ¼ right with right, ½ back with left, ¼ right with right

Easier option grapevine right for 4-5-6

CROSS WIND ½ RIGHT, CROSS TURN TURN (½ LEFT)

1-2-3 Cross left over right, wind round over 2 counts ½ right on balls of both feet (you will feel the

lift)

4-5-6 Cross left forward over right, make a ¼ left stepping back on right, take ¼ left stepping left to

left side

Easier option for above 6 counts: rock left over right (upwards motion hold 2 counts), replace weight onto right, step left to left side, step right across left

CROSS WIND FULL TURN, BIG STEP DRAG 23

1-2-3 Cross right over left wind round full turn to left over 2 counts on balls of both feet (you will feel

the lift)

4-5-6 Big step right to right side, drag left towards right, over 2 counts (keeping weight on right)

Easier option for the above 6 counts, rock right over left (upwards motion) hold for 2 counts, replace weight onto left, step right to right side, step left behind right

REPEAT

TAG

LEFT TWINKLE, RIGHT TWINKLE

You will dance tag when you hit the front wall every time after the 2 wall thereon i.e. Walls 2,4,6,8,10

1-2-3 Left across right, right to right side left to left side

4-5-6 Mirror for right