

Shore Shuffle

拍數: 64 牆數: 0 級數:
編舞者: Pepper Siquieros (USA)
音樂: Defying Gravity - Jimmie Dale Gilmore



Position: Dancers stand side by side facing LOD. Couples may start in Sweetheart Position

ROCK STEP, SHUFFLE, SCUFF, HOOK, TOE, TOE

1-2 Rock forward onto right, replace weight to left
3&4 Shuffle forward right, left, right
5-6 Scuff left forward, hook left over right
7-8 Touch left toe to right side of right foot twice

CROSS-POINT X3, RIGHT FORWARD SHUFFLE

1-2 Cross step left over right, point right out to right side
3-4 Cross step right over left, point left out to left side
5-6 Cross step left over right, point right out to right side
7&8 Shuffle forward right, left, right

ROCK STEP, SHUFFLE, SCUFF, HOOK, TOE, TOE

1-2 Rock forward onto left, replace weight to right
3&4 Shuffle forward left, right, left
5-6 Scuff right forward, hook right over left
7-8 Touch right toe to left side of left foot twice

CROSS-POINT X3, LEFT FORWARD SHUFFLE

1-2 Cross step right over left, point left out to left side
3-4 Cross step left over right, point right out to right side
5-6 Cross step right over left, point left out to left side
7&8 Shuffle forward left, right, left

ROCK FORWARD/BACK, ROCK BACK/FORWARD, STEP ½ PIVOT, SHUFFLE

1-2 Rock forward onto right, replace weight to left
3-4 Rock back onto right, replace weight to left
5-6 Step forward right, pivot ½ turn left onto left
7&8 Shuffle forward right, left, right

ROCK FORWARD/BACK, ROCK BACK/FORWARD, STEP ½ PIVOT, SHUFFLE

1-2 Rock forward on left, replace weight to right
3-4 Rock back on left, replace weight to right
5-6 Step forward left, pivot ½ turn right onto right
7&8 Shuffle forward left, right, left

STEP ¼ PIVOT TURN LEFT TWICE, RIGHT SHUFFLE, LEFT SHUFFLE

1-2 Step forward onto right, ¼ pivot left shifting weight to left
3-4 Step forward onto right, ¼ pivot left shifting weight to left
5&6 Shuffle forward right, left, right
7&8 Shuffle forward left, right, left

STEP ¼ PIVOT TURN LEFT, RIGHT CROSSING SHUFFLE, ¼ TURN WALK, WALK, LEFT SHUFFLE

1-2 Step forward onto right, ¼ pivot left shifting weight to left
3&4 Cross right over left and shuffle to left side: left, right, left

5-6 Step ¼ turn left onto left, walk forward onto right
7&8 Shuffle forward left, right left

REPEAT
