

Shootin' Star

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Maleah Green (USA)
音樂: 40 Days and 40 Nights - Tim McGraw



ROCK, ROCK & HOP, TOUCH & HOP, TOUCH & HOP-TURN, TOUCH & HOP, TOUCH, RIGHT STRUT

- 1 Rock step forward onto right
- 2 Rock back onto left
- & Hop back onto right
- 3 Touch left heel forward
- & Hop on left next to right
- 4 Touch right next to left
- & Hop ½ turn to the left on right
- 5 Touch left heel forward
- & Hop on left next to right
- 6 Touch right next left
- 7 Step forward onto heel of right
- 8 Step down on ball of right

LEFT STRUT, JUMP RIGHT, JUMP LEFT, HOLD PIVOT, HOLD, PIVOT, HOLD

- 1 Step forward onto left heel
- 2 Step down on ball of left
- & Jump to right on right
- 3 Jump to left on left
- 4 Hold
- 5 Pivot ½ turn left on ball of right, landing with feet shoulder width apart
- 6 Hold
- 7 Pivot ½ turn left on ball of left landing with feet shoulder width apart
- 8 Hold

TOE SPLIT, HEEL SPLIT, PIVOT, TOES TOGETHER KICK, KICK, PIVOT, TOGETHER

- 1 With weight on heel of left and ball of right swivel left toes and right heel to left
- 2 With weight on ball of left and heel of right swivel left heel and toes of right to left
- 3 Pivot ½ turn right on ball of left landing in a toe split
- 4 Bring toes together
- 5 Kick right foot forward
- 6 Kick right foot back
- 7 Keeping right close to left leg, pivot ½ turn right on ball of left
- 8 Step right next to left

SPLIT TOES, TOGETHER, SPLIT HEELS, TOGETHER KICK, KICK, PIVOT, TOUCH

- 1 Split toes apart
- 2 Bring toes together
- 3 Split heels apart
- 4 Bring heels together
- 5 Kick right foot forward
- 6 Kick right foot back
- 7 Keeping right close to left leg, pivot ½ turn right on ball of left
- 8 Cross touch right over left

STEP, KICK, STEP, KICK STEP-UNWIND, STEP, STEP TOGETHER

- 1 Step down across left on right
- 2 Kick left to left front
- 3 Cross step left over right
- 4 Kick right to right front
- 5 Cross step right over left and unwind $\frac{1}{2}$ turn left
- 6 Step back on left
- 7 Step to right on right
- 8 Step left next to right

REPEAT
