

Shooting Double

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nancy Morgan (USA)
音樂: Here for the Party - Gretchen Wilson



Count 32 counts from the time the song starts, then begin

ROCK FORWARD AND BACK AND SHUFFLE FORWARD, ROCK FORWARD AND BACK AND SHUFFLE FORWARD

- 1& Rock/step forward on right heel and back on left
- 2& Rock/step back on right toe and forward on left
- 3&4 Shuffle forward - step right foot forward, step left next to right, step right foot forward
- 5& Rock/step forward on left heel and back on right
- 6& Rock/step back on left toe and forward on right
- 7&8 Shuffle forward - step left forward, step right next to left, step left forward

DOUBLE COUNT MONTEREY TURN, JAZZ BOX ¼ TURN RIGHT, SIDE SHUFFLE

- 1&2 Rock/step right to right side and back on left, pivot ½ turn to your right as you put your right next to your left
- 3&4 Rock/step left to left side and back on right, put left next to right
- 5-6 Cross right over left as you turn ¼ turn to your right, step back on left
- 7&8 Side shuffle - step right to right side, step left next to right, step right to right side

½ TURN SIDE SHUFFLE, KICK-BALL-CHANGE, STEP/ROLL KNEE FORWARD AND BACK STEP/ROLL KNEE FORWARD AND BACK

- 1&2 ½ turn side shuffle - turn ½ turn to your right as you side shuffle to your left - step left to left side, step right next to left, step left to left side
- 3&4 Kick-ball-change - kick right forward, step right next to left as you lift left up, set left next to right
- 5&6 Step forward on right as you roll your right ball foot towards the toes and across the toes to the right side of your toes and back (your knee will make a backwards "C" then a forward "C")
- 7&8 Step forward on left as you roll your left ball foot towards the toes and across the toes to the left side of your toes and back (your knee will make a backwards "C" then a forward "C")

KICK FORWARD, OUT, OUT, IN, IN, HOP FORWARD, 2 ½ TURN PIVOTS

- 1 Kick right foot forward
- &2 Step right back and to right side, step left foot out to left side (your feet should be shoulder width apart)
- &3 Step right foot to your center, step left next to right (feet are now together)
- &4 Hop forward right-left
- 5-6 Step forward on right, pivot ½ turn to left
- 7-8 Step forward on right, pivot ½ turn to left

REPEAT