

# Shoot A Flare

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 1      級數: ultra Beginner straight rhythm  
編舞者: Carol Schwartz (USA)  
音樂: Shipwrecked - The Sunshine Cowboys



## STEP, TOUCH

1-2      Step to right side on right foot, touch left next to right  
3-4      Step to left side on left foot, touch right next to left  
5-6      Step to right side on right foot, touch left next to right  
7-8      Step to left side on left foot, touch right next to left

## SIDE, TOGETHER, SIDE, TOUCH

1-2      Step to right side on right foot, step on left foot next to right  
3-4      Step to right side on right foot, touch left foot next to right  
5-6      Step to left side on left foot, step on right foot next to left  
7-8      Step to left side on left foot, touch right foot next to left

## WALK BACK, WALK FORWARD

1-2      Step back on right foot, step back on left foot  
3-4      Step back on right foot, touch left foot next to right  
5-6      Step forward on left foot, step forward on right foot  
7-8      Step forward on left foot, step on right foot next to left (weight on both feet)

## HEEL SPLITS, HEEL TAPS

1-2      Split heels apart, bring heels together, weight on left foot  
3-4      Tap right heel forward, step on right foot next to left (weight on both feet)  
5-6      Split heels apart, bring heels together, weight on right foot  
7-8      Tap left heel forward, step on left foot next to left (weight to left foot)

**If you have a problem with the heel splits, softly bounce heels twice instead**

## REPEAT

## TAG

When using "Sea Cruise" After 3rd, 6th and 9th sequence (chorus)

## SHOOT A FLARE

1-4      Arms at sides, palms facing in, slowly raise hands (like a flare going up)  
5-8      Slowly lower arms, shaking hands. Weight on left foot