# Shooga



拍數: 32 牆數: 4 級數: Improver cha cha

編舞者: Kelli Haugen (NOR)

音樂: Sugar-Sugar (In My Life) - John Fogerty



### ROCK, ROCK, TRIPLE, TOUCH, SWEEP

1-2-3 Rock left on left, rock right on right, rock left on left (sway hips)

4&5 Triple right, left, right to right

6-7 Touch left toe forward, sweep left foot from front to left side

## SAILOR 1/4 TURN, WALK, WALK, TRIPLE, ROCK, RECOVER

8&1 Step left behind right, ¼ turn left step right on right, step forward on left

2-3 Walk forward right, left

4&5 Triple forward right, left, right

6-7 Rock forward on left, recover back on right

### LOCK BACK, ROCK, RECOVER, STEP, 1/4 TURN, CROSS, ROCK & STEP

8&1 Step back on left, cross right in front of left, step back on left

2-3 Rock back on right, recover forward on left

4&5 Step forward on right, ¼ left on left, cross right in front of left

Rock left to left, recover on right, step left next to right

## COASTER, WALK, WALK, STEP, 1/4 TURN, CROSS, TRIPLE, ROCK &

Step back on right, step left next to right, step forward on right

2-3 Walk forward left, right

4&5 Step forward on left, ¼ turn right on right, cross left in front of right

6&7 Triple right, left, right to right

8& Rock forward on left, recover back on right

#### **REPEAT**

## **TAG**

# Done once after the fifth wall (facing 9:00) STEP, TOGETHER STEP, TOUCH 2X

1-2-3-4 Step left to left (push hip to right), step right together, step left to left (push hip to right), touch

right next to left

5-6-7-8 Step right to right (push hip to left), step left together, step right to right (push hip to left),

touch left next to right