

Shoes

拍數: 48 牆數: 2 級數: Intermediate
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音樂: Shoes - Shania Twain



SIDE, DRAW, STEP, CROSS-LOCK STEP, RONDÉ FORWARD, REPLACE, STEP BACK, BACK-LOCK-STEP

1-2& Left long step side; right draw slowly together; step back on right
3&4 Left crossover; right lock behind; left step side crossed over
5&6 Right rondé forward; left replace; right step back
7&8 Left step back; right cross-lock back; left step back

ROCK, REPLACE, STEP FORWARD, ¾ RIGHT SPIN TURN CROSSING OVER, STEP SIDE, DRAW, STEP BACK, CROSS-LOCK-STEP

1&2 Right rock back; left replace forward; right step forward
3&4 Left step forward into right ¾ spin turn (left, right); left crossover (9:00)
5-6& Right long step side; left draw slowly together; step back on left
7&8 Right crossover; left lock behind; right step side crossed over

RONDÉ FORWARD, REPLACE, STEP BACK, BACK-LOCK-STEP, TURNING SAILOR STEP, MAMBO STEP

1&2 Left rondé forward; right replace; left step back
3&4 Right step back; left cross-lock back; right step back
5&6 Left sweep behind turning ¼ left; right step side; left together (6:00)
7&8 Right step forward; left replace; right together

NIGHTCLUB 2 STEP BASIC STEPS, ROCK, REPLACE, ½ RIGHT SPIN TURN, STEP SIDE, CROSSOVER, STEP SIDE

1&2 Left rock behind; right replace; left step side
3&4 Right rock behind; left replace; right step side
5&6 Left rock back; right replace; left step forward into ½ spin turn right (12:00)
7&8 Right step side; left crossover; right step side

ROCK, REPLACE, ½ RIGHT SPIN TURN, STEP SIDE, CROSSOVER, STEP SIDE, NIGHTCLUB 2 STEP BASIC STEPS

1&2 Left rock back; right replace; left step forward into ½ spin turn right (6:00)
3&4 Right step side; left crossover; right step side
5&6 Left rock behind; right replace; left step side
7&8 Right rock behind; left replace; right step side

ROCK BACK, REPLACE, STEP FORWARD, LOCK STEPS FORWARD, LONG STEP BACK, DRAW TOGETHER, COASTER STEP

1&2 Left rock back; right replace; left step forward
3&4 Right cross forward; left lock behind; right step forward
5-6 Left long step back drawing right foot slowly back (no weight on right foot)
7&8 Right step back; left together; right step forward

REPEAT
