

# Sho'nuf

COPPER KNOB  
BY STEPHEN T. S.

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jamie Marshall (USA) - November 2012  
音樂: Sho' Enough - Tommy Castro : (CD: Swingin' The Blues Vol. 5)



OR - Any West Coast Swing Music  
Start dancing on lyrics

## WALK, WALK, CROSS, STEP BACK, COASTER STEP, POINT, HEEL, REPEAT (Option: Replace first 6 counts with WCS Sugar Push)

1-2            Step R forward (1), step L forward (2),  
3&4            Cross R behind L (3), step L back (remains crossed over R) (&), step R back (4),  
5&6            Step L back (5), Step R next to L (&), Step L forward (6),  
7&            Touch R to side (7), Replace R next to L (&),  
8&            Extend L heel forward (8), Replace L next to R (&) (12:00)  
  
9-16&        Repeat 1-8& (12:00)\*

## POINT WITH PUSH, COASTER, TOUCH, STEP, SCUFF, HITCH, POINT

17-18        Touch R to side (17), Turn ¼ R, kicking R forward (18),  
(Styling: Push hips back and extending arms with palms facing out)  
19&20        Step R back (19), Step L together (&), Step R forward (20),  
21-22        Touch L forward, raising L hip (21), Step down on L (22),  
23&24        Scuff R foot forward (23), Hitch R (&), Point R forward (24) (3:00)

## CROSS, STEP, CROSS, STEP, FORWARD, ¼ TURN L, ¼ TURN L

25-26        Point R over L (25), Step R to R (26),  
27&28        Cross L behind R (27), Step R to R (&), Step L forward (28)  
29-30        Touch R forward (29), Pivot ¼ L, rolling hips counter-clockwise (weight remains on L) (30),  
31-32        Touch R forward (31), Pivot ¼ L, rolling hips counter-clockwise (weight remains on L) (32)  
(9:00)

## REPEAT

\*RESTART: On 10th Rotation, restart after 16 counts (immediately after instrumentals).

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