Shine Your Light

拍數: 64

級數: Intermediate

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音樂: Shine Your Light - The Mavericks

FORWARD, FORWARD, STEP, HOLD, BALL, STEP, WALK, TOUCH FORWARD, TOUCH SIDE

- 1-2-3-4 Walk forward right, walk forward left, step right forward, hold
- &5-6-7-8 Step on ball of left, step on right in place, step left forward, touch right toe forward, touch right toe to right side (12:00)

BEHIND, SIDE, CROSS, TAP BEHIND, BEHIND, SIDE, CROSS, TAP BEHIND

- 1-2-3-4 Cross/step right behind left, step left to left side, cross/step right over left, tap left toe behind right
- 5-6-7-8 Cross/step left behind right, step right to right side, cross/step left over right, tap right toe behind left (12:00)

ROCK, REPLACE, CROSS KICK, CROSS KICK, ROCK, REPLACE, TOUCH BEHIND, ¾ UNWIND

- 1-2-3-4 Rock/step right to right side, replace to left, cross/kick right over left, cross/kick right over left
- 5-6-7-8 Rock/step right to right side, replace to left, touch right toe behind left, unwind ³/₄ turn right (end weight right) (9:00)

14 TURN, BEHIND, 14 TURN, SCUFF FORWARD, 14 TURN, BEHIND, 14 TURN, SCUFF FORWARD

- 1-2-3-4 Turn ¼ turn right stepping left to left side, cross/step right behind left, turn ¼ turn left stepping left forward, scuff right forward (9:00)
- 5-6-7-8 Turn ¼ turn left stepping right to right side, cross/step left behind right, turn ¼ turn right stepping right forward, scuff left forward (9:00)

FORWARD, ½ PIVOT, FORWARD, HOLD, ½ TURN, HOLD & CLICK, ½ TURN, HOLD & CLICK

- 1-2-3-4 Step left forward, pivot turn ¹/₂ turn right, step left forward, hold (3:00)
- 5-6-7-8 Traveling forward: turn ½ turn left stepping right back, hold & click, turn a further ½ turn left stepping left forward, hold & click with both hands (3:00)

Restart goes here on walls 1 and 4. Tag goes here on walls 2 and 5

SIDE TOE STRUT, BEHIND, SIDE, CROSS, STOMP, KICK FORWARD, BALL CROSS, STEP SIDE

- 1-2-3&4 Traveling to right: touch right to right side, drop right heel, cross/step left behind right, step right to right side, cross/step left over right
- 5-6&7-8 Stomp right foot beside left, kick right forward, step slightly back on ball of right, cross/step left over right, step right to right side

SAILOR STEP, SIDE, DRAG FLICK, BALL CROSS, ¼ TURN, ¼ SIDE SHUFFLE

- 1&2-3-4 Cross/step left behind right, step on ball of right to right, replace to left, large step right to right, drag left towards right with left foot ending flicked up slightly behind right
- &5-6 Step slightly back onto ball of left, cross/step right over left, turn 1/4 turn right stepping back on left,
- 7&8 Turn a further ¹/₄ turn right as you side shuffle to the right stepping right-left-right (9:00)

FORWARD, DRAG, FORWARD, DRAG, FORWARD, ½ PIVOT, FORWARD, SIDE, REPLACE

1-2-3-4 Large step left forward, drag right towards left, large step right forward, drag left towards right
5-6-7&8 Step left forward, pivot turn ½ turn right, step left forward, rock/step right to right side, replace to left (3:00)

REPEAT





牆數:4

RESTART

On walls 1,2,4,5 dance to count 40 only and restart

TAG

On walls 2 and 5 - after dancing only to count 40 add the following 4 counts 1-2-3-4 Step right forward at 45 degrees pushing hips forward, back, forward, back

TO END DANCE

You will be on wall 9 and the music is fading. Dance to count 60, step left forward, pivot turn 1/4 turn right, step left forward, rock/step right to right side, replace to left