

Shine

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Cathryn Proudfoot (AUS)
音樂: Shine - Vanessa Amorosi



- 1 Big step / slide forward to 45 degrees on right swaying hips as you step forward
2 Big step / slide forward to 45 degrees on left swaying hips as you step forward
3&4 Shuffle forward right, left, right
5-6 Step forward on left, pivot ½ turn to right transferring weight forward to right
7&8 Full turn forward to right with triple step left, right, left moving slightly forward
- 1-2 Rock right to side, replace weight on left
3&4 Step right behind left, step left to side, turn ¼ turn to left stepping right forward
5 Rock left to side
6&7 Replace weight on right, step left together with right, rock right to side
8 Replace weight on left
- &1-2 Step right together with left, turn ¼ turn to left stepping left forward, turn ½ turn to left stepping right back
3&4 Turn 540 degrees (1 ½ turns) to left stepping triple step left, right, left moving forward
5-6 Rock right to side, replace weight on left
7&8 Step right behind left, step left to side, turn ¼ turn to left stepping right forward
- 1 Rock left to side
2&3 Replace weight on right, step left together with right, rock right to side
4 Replace weight on left
&5-6 Step right together with left, turn ¼ turn to left stepping forward on left, turn ½ turn to left stepping right back
7&8 Turn 540 degrees (1 ½ turns) to left stepping triple step left, right, left moving forward

REPEAT

TAG

On the 4th wall, dance the first 16 counts of the dance as written (you'll be facing the back at the start of the 4th wall). On the & count turn ¼ turn to the left with the weight on your left and restart the dance once again facing the back.

FINISH

To finish the dance once again you'll be facing the back wall. Dance the first 16 counts of the dance as written and do a slow turn to the left (¾ turn) sweeping your right toe around to the front.