

# Shimmy On Down

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Chris Cleevely (UK)  
音樂: Meat and Potato Man - Alan Jackson



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## STEP, LOCK, RIGHT DIAGONAL SHUFFLE; STEP, LOCK, LEFT DIAGONAL SHUFFLE

1-2            Step forward on right diagonal, lock left behind right  
3&4           Right diagonal shuffle forward (stepping right/left/right)  
5-6           Step forward on left diagonal, lock right behind left  
7&8           Left diagonal shuffle forward (stepping left/right/left)

## ROCKING CHAIR; RIGHT FORWARD SHUFFLE; WALKS FORWARD (OR FULL TURN)

9-10           Rock forward on right foot, recover weight on left  
11-12          Rock back on right foot, recover weight on left  
13&14          Right forward shuffle (stepping right/left/right)  
15-16          Walk forward left, walk forward right

## ¼ TURN RIGHT; ¼ TURN RIGHT; STEP FORWARD LEFT & SHIMMY; STEP FORWARD RIGHT & SHIMMY

17-18          Step forward on left, pivot ¼ turn right (transfer weight onto right) & snap fingers on left hand  
19-20          Step forward on left, pivot ¼ turn right (transfer weight onto right) & snap fingers on left hand  
21&22          Step forward on left & shimmy (bending knees slightly)  
23&24          Step forward on right & shimmy (bending knees slightly)

## ROCKING CHAIR; LEFT GRAPEVINE (OR FULL TURN)

25-26          Rock forward on left foot, recover weight on right  
27-28          Rock back on left foot, recover weight on right  
29-30          Step left to left side, cross right behind left  
31-32          Step left to left side, touch right beside left & clap

**REPEAT**

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