Shimmy Me Timbers



拍數: 48 牆數: 1 級數: Improver

編舞者: Deb Crew (CAN)

音樂: Dance With Me Tonight - The Wonders



This song does not have a musical intro. The song starts immediately with the lyrics "Come On Pretty Baby". Start this dance as the artist sings the word "Baby".

SHUFFLE FORWARD, ROCK-STEP, SHUFFLE BACK, ROCK-STEP

1&2	Shuffle forward: right, left, right
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3-4 Rock forward on left foot, step back in place on right foot

5&6 Shuffle back: left, right, left

7-8 Rock back on right foot, step forward in place on left foot

1/2 TURNING SHUFFLE, ROCK-STEP; 1/2 TURNING SHUFFLE, ROCK-STEP

1&2	Shuffle forward as you ½ turn to the left: right, left, right
3-4	Rock back on left foot, step forward in place on right foot
5&6	Shuffle forward as you ½ turn to the right: left, right, left
7-8	Rock back on right foot, step forward in place on left foot

SIDE-TOGETHER-SIDE-STEP, SIDE HOPS & SHIMMIES

1-2	Step right foot to right side, slide and step left foot beside right
3-4	Step right foot to right side, slide and step left foot beside right
&5	Small, quick jump side right onto right foot, step left foot beside right
6	Hold position and shimmy shoulders
&7	Small, quick jump side right onto right foot, step left foot beside right
8	Hold position and shimmy shoulders

SIDE-TOGETHER-SIDE-STEP, SIDE HOPS & SHIMMIES

1-2	Step left foot to left side, slide and step right foot beside left
3-4	Step left foot to left side, slide and step right foot beside left
&5	Small, quick jump side left onto left foot, step right foot beside left
6	Hold position and shimmy shoulders
&7	Small, quick jump side left onto left foot, step right foot beside left
8	Hold position and shimmy shoulders

HEEL TAPS AND HEEL SWITCHES

1	Place ball of right foot forward
3-4	Keeping ball of right foot planted, tap right heel in place 3 times
&5	Quickly step right foot back beside left foot, place ball of left foot forward

6-8 Keeping ball of left foot planted, tap left heel in place 3 times

HEEL SWIVELS

4th time through dance, drop counts 5-8, one time only

1-2	Step left foot back beside right foot and swivel both heels to the left, hold position
3-4	Swivel both heels to the right, hold position
5-8	Swivel both heels: left, right, left, right

REPEAT

In order for the dance and song to remain in phrase, drop heel swivels for counts 5,6,7,8 from the last 8 counts, the fourth time through only. Therefore, the fourth time through the dance you will swivel both heels left, hold; swivel both heels right, hold, and then start the dance over from the beginning.

