

She's Like The Wind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate west coast swing
編舞者: Craig Bennett (UK)
音樂: She's Like The Wind - The Vibekingz



SIDE LOCK STEP, LEFT SHUFFLE, STEP ½ TURN, COASTER STEP

1-3 Step right to right side, lock left foot behind right, step right slightly forward
4&5 Step forward onto left, close right in place, step forward onto left
6-7 Step forward onto right, make a ½ turn right by stepping back onto left foot
8&1 Step back onto right, close left in place, step forward onto right

¼ TURN ROCK RECOVER, LEFT LOCK STEP BACK, HOLD, BALL STEP, TOUCH

2-3 ¼ turn right rocking forward onto left, recover back onto right
4&5 Step back on left, lock right in front of left, step back onto left
6&7-8 Hold, step right in place, step forward onto left, touch right in place

TOUCH OUT, IN, HEAL HOCK, STEP TOUCH STEP, BALL STEP, ROCK RECOVER, ½ TURN SHUFFLE

1&2 Touch right out to right side, touch right in place, place right heel forward
&3&4 Step forward onto right, touch left behind right, step back onto left
&5 Step right in place, step forward onto left
6-7 Rock forward onto right, recover back onto left
8&1 ½ turn stepping right forward, step left in place, step right forward

ROCK RECOVER TOGETHER, WALK BACK RIGHT, LEFT, COASTER POINT

2-3-4 Rock forward onto left, recover onto right, step left in place (as you're rocking, get your hips moving)
5-6 Walk back right, walk back left
7&8 Step right back, step left in place, point right to right side

REPEAT
