She's Got It!



拍數: 0 牆數: 4 級數: Intermediate

編舞者: Karl Cregeen (UK)

音樂: She Doesn't Know She's Got It - Blake Shelton



Sequence: B, A, B, A, A (with RESTART), A to end

PART A

HEEL BALL CROSS TWICE, ROCK STEP, WEAVE

Touch right heel diagonally forward to right corner, step right next to left, cross left over right

Touch right heel diagonally forward to right corner, step right next to left, cross left over right

5-6 Rock right to right side, replace weight onto left

7&8 Step right behind left, left to left side, cross right over left

HEEL BALL CROSS TWICE, ROCK STEP, WEAVE

9&10 Touch left heel diagonally forward to left corner, step left next to right, cross right over left 11&12 Touch left heel diagonally forward to left corner, step left next to right, cross right over left

13-14 Rock left to left side, replace weight onto right

15&16 Step left behind right, right to right side, cross left over right

ROCK FORWARD, ½ TURN TRIPLE, STEP PIVOT ½, SHUFFLE FORWARD

17-18 Rock forward onto right foot, replace weight onto left

Turn ¼ turn to right as you step right to right side, step left to right, step ¼ turn right as you

step forward with right foot

21-22 Step forward left, turn ½ pivot right, placing weight onto right foot

23&24 Step forward onto left, step right to left, step forward left

TOE & HEEL TOUCHES, ROCKING CHAIR

25&	Touch right toe to right side, replace right next to left
26&	Touch left toe to left side, replace left next to right
27&	Touch right heel forward, replace next to left
28&	Touch left heel forward, replace next to right
29-30	Rock forward onto right, replace weight onto left
31-32	Rock back onto right, replace weight onto left

WEST COAST BASIC WITH 1/4 TURN LEFT-X3

33-34 Walk forward right, walk forward left

Step back onto right, lock left in front of right, step back onto right
Step back on left, step right next to left, step left slightly forward

39&40& Touch right heel forward, step right next to left as you turn ¼ turn to left, touch left heel

forward & step left next to right

41-48& Repeat 33-40& 49-56& Repeat 33-40&

STEP FORWARD 1/2 PIVOT TWICE

57-58 Step forward right, turn ½ pivot left 59-60 Step forward right, turn ½ pivot left

PART B

1/4 MONTEREY, SHUFFLE FORWARD

1-2 Touch right to right side, bring right in place as you turn ½ turn right on ball of left foot

3&4 Step forward on left, bring right up to left, step forward left

1/4 MONTEREY, SHUFFLE FORWARD

5-6 Touch right to right side, bring right in place as you turn ¼ turn right on ball of left foot

7&8 Step forward on left, bring right up to left, step forward left

1/4 MONTEREY, SHUFFLE FORWARD

9-10 Touch right to right side, bring right in place as you turn ¼ turn right on ball of left foot

11&12 Step forward on left, bring right up to left, step forward left

1/4 MONTEREY, SHUFFLE FORWARD

Touch right to right side, bring right in place as you turn ¼ turn right on ball of left foot

15&16 Step forward on left, bring right up to left, step forward left

RESTART

If using Blake Shelton's track, the dance will restart at count 41 of Part A on the third repetition. If using any other West Coast track, Part B & restart can be omitted.