She's Gone (P)



拍數: 32 牆數: 0 級數: Partner

編舞者: Eddie Bolton (UK)

音樂: She Is Gone - Redfern & Crookes



JUMP BACK, HEEL FORWARD, CROSS TOUCH, STEP FORWARD, SWEEP ½ TURN POINT, SWITCH SIDE POINT, HOLD, SWITCH HEEL BALL CROSS

3-4 Jump back onto left, touch right heel forward, touch right toe over left Step forward onto right, sweep left leg ½ turn right, pointing left toe to left

&5-6 Quickly bring left back to place, point right toe to right, hold

&7&8 Bring right back to place, touch left heel forward, quickly step back onto ball of left, cross right

over left

Man slightly to rear of lady

STEP SIDE, BEHIND, SIDE CHASSE, CROSS, ROCK / (MAN) CHA-CHA ON SPOT, (LADY) FULL RIGHT TURN

1-2 Step left to left, step right behind left

3&4 Step left to left, quickly slide right up to left, step left to left side

5-6 Cross step right diagonally over left (man cross rocks in front of lady) step in place on left

Release left hands

7&8 MAN: Cha-cha on the spot right, left, right (raise right hand for lady to pass under)

LADY: Steps full turn right on right, left, right

Lady passes in front of man, retake hold of left hands on completion of step 8 as lady resumes Sweetheart Position

STEP SIDE, CROSS, BACK LOCK BACK, (MAN) STEP ½ TURN RIGHT TOGETHER / (LADY) FULL TURN BACK, (MAN) SHUFFLE FORWARD, (LADY) ½ TURN RIGHT SHUFFLE

1-2 Step to left on left, cross step right over left

Step back on left, lock step back right over left, step back on left MAN: Step back on right into ½ turn right, step left up to right

LADY: Step back on right, into ½ turn right, step forward on left turning a further ½ turn right

Release hold of left hands and raise right hands

7&8 MAN: Shuffle forward on right, left, right (keep steps small)

LADY: Turning under raised right hands shuffles ½ turn right over right shoulder

Retake left hands to resume Sweetheart Position facing LOD

STEP FORWARD, KICK FORWARD, SHUFFLE BACK, STEP BACK, TOUCH, SHUFFLE FORWARD

1-2 Step forward on left, kick right forward

3-4 Shuffle back on right, left, right

5-6 Step back on left, touch right toe to left instep

7&8 Shuffle forward on right, left, right

REPEAT