She's Everything

拍數: 32

級數: Improver

編舞者: Maggie Gallagher (UK)

音樂: She's Everything You Want - Billy Gilman

This dance is dedicated to Janice of J's Coasters, Morecambe

WALK RIGHT, LEFT, RIGHT, LEFT COASTER, STEP, ½ TURN, SIDE-ROCK-CROSS

- 1-2-3- Walk forward right, left, right.
- 4&5 Step back on left, step back on right, step forward on left
- 6 Pivot ½ turn right
- 7&8 Rock out to left side on left, recover onto right, cross left foot in front of right (traveling forward)

SIDE-ROCK-STOMP, LEFT COASTER, MAMBO STEPS, SWIVELS

- 1&2 Rock out to right side on right, recover onto left, stomp right beside left
- 3&4 Step back on left, step back on right, step forward on left
- 5&6& Rock forward on right, recover on left, rock back on right, recover on left
- 7&8 Touch right toe forward, lifting both heels swivel to right side, swivel back to center, lower left heel

STOMP, KICK, ¼ TURNING SAILOR, SYNCOPATED WEAVE

- 1 Stomp right foot next to left (weight stays on left)
- 2 Kick right foot forward and sweep leg round to right while ¹/₄ turning right
- 3&4 Cross right behind left, step left to left side, step right to right side
- 5& Cross left over right, step right to right side
- 6& Step left behind right, step right to right side
- 7&8 Cross left over right, step right to right side, touch left heel forward

FULL TURN CHASSE STEP, BACK-ROCK-SIDE, BEHIND-SIDE-CROSS- 1/4 TURN

- 1 Step left to left side, ¼ turning left
- 2 Step right to right side, ¼ turning left
- 3&4 Step left to left side ½ turning left, close right foot beside left, step left to left side
- 5&6 Rock back on right, recover weight onto left, step right foot to right side
- 7&8& Step left foot behind right, step right to right side, cross left over right, ¼ turn left on left

REPEAT





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牆數:2