She's All That

拍數: 68

級數: Improver

編舞者: Tim Gauci (AUS)

音樂: She's Still Got It - Melinda Schneider

- 1-2-3-4 Toe strut right to right, strut left over right
- 5-6-7-8 Toe strut right to right, step left back, rock weight forward onto right
- 1-2-3-4 Toe strut left to left, strut right over left
- 5-6-7-8 Toe strut left to left, step right back, rock weight forward onto left
- 1-2-3-4 Step right forward 45 degrees right, lock left behind right, step right forward 45 degrees right, scuff left
- 5-6-7-8 Step left forward 45 degrees left, lock right behind left, step left forward 45 degrees left, scuff right
- 1-2-3-4 Step right forward, rock weight back onto left, step right back, rock weight forward onto left 5-6-7-8 Step right forward, pivot ½ turn to left, stomp right to right, hold & clap (weight right)
- 1-2-3-4 (Elvis legs) bump hips to right pushing left knee forward & slightly to right, bump hips to left pushing right knee forward & slightly to left, bump hips to right pushing left knee forward & slightly to right, hold
- 5-6-7-8 (Elvis leas) bump hips to left pushing right knee forward & slightly to left, bump hips to right pushing left knee forward & slightly to right, bump hips to left pushing right knee forward & slightly to left, hold (weight left)
- 1-2-3-4 Step right to right, rock weight onto left, step right over left, hold
- 5-6-7-8 Step left to left, rock weight onto right, step left over right, hold (weight left)
- 1-2-3-4 Step right to right, step left together, step right forward turning 1/4 to right, hold (weight right) 5-6-7-8 Step right forward, pivot 1/4 turn to right, cross left over right, hold (weight left)
- 1-2-3-4 Step right to right, step left together, step right forward turning 1/4 to right, hold (weight right) 5-6-7-8 Step right forward, pivot ¼ turn to right, cross left over right, hold (weight left)
- 1-2-3-4 Step right to right, rock weight onto left & clap, step right back, rock weight forward onto left & clap (weight left)

REPEAT





牆數:2