She Will Be Loved

拍數: 32

級數: Intermediate

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音樂: She Will Be Loved - Maroon 5

TOUCH, TOUCH, TOUCH & HEEL & MILITARY TURN, CROSS SHUFFLE

- 1-2 Touch right toes beside left, touch right toes to the right side
- 3&4 Touch right toes beside left, step back on the right, touch left heel forward
- &5-6 Step left beside right, step forward on the right, pivot ¹/₄ turn left weight ending on the left
- 7&8 Cross right over left, step left beside right, cross right over left

SIDE, TOUCH WILE DOING A BODY ROLL, KICK BALL CROSS, BIG STEP SIDE, ½ TURN LEFT, CROSS SHUFFLE

- 1-2 Step left to the left as you tilt your head to the left and your hips are going to the right, touch right beside left as you straighten your body
- 3&4 Kick right forward, step right beside left, cross left over right
- 5-6 Take a big step to the right with the right, pivot ½ turn left as you slide left to end up beside right
- 7&8 Cross right over left, step left beside right, cross right over left

SIDE, TOUCH WILE DOING A BODY ROLL, KICK BALL CROSS, BIG STEP SIDE, BEHIND, FORWARD LOCK STEP

- 1-2 Step left to the left as you tilt your head to the left and your hips are going to the right, touch right beside left as you straighten your body
- 3&4 Kick right forward, step right beside left, cross left over right
- 5-6 Take a big step to the right with the right, slide left towards right ending in a third position (right behind the right foot toes pointing towards the left corner)
- 7&8 Step forward on the right, cross left behind right, step forward on the right

1/4 TURN TOUCH, 1/4 TURN TOUCH, FORWARD LOCK STEP, MODIFIED MILITARY PIVOT, FORWARD LOCK STEP

- 1-2 Pivot ¼ turn right as you touch left to the left side, pivot ¼ turn right as you touch left to the left side
- 3&4 Step forward on the left, cross right behind left, step forward on the left
- 5-6 Step forward on the right, pivot ¹/₂ turn left as you cross touch left over right
- 7&8 Step forward on the left, cross right behind left, step forward on the left

REPEAT

RESTART

On the 4th wall, do the first 20 counts and start over (you will be facing the front wall) On the 10th wall do the first 21 counts and drag left towards right for the next 3 counts ending with left beside right and weight on the left, then restart





牆數:4