She Don't Know She's Beautiful

級數: Intermediate

編舞者: Lois Lightfoot (UK)

拍數: 48

音樂: She Don't Know She's Beautiful - Sammy Kershaw

SIDE ROCK, CROSS SHUFFLE, STEP ¼, STEP ¼, SHUFFLE FORWARD

- 1-2 Right foot rock out to side, recover weight onto left foot
- 3&4 Step right over left, step left next to right, step right over left
- 5-6 Making ¼ turn right step left foot back, making ¼ right step right foot forward
- 7&8 Step left foot forward, step right next to left, step left foot forward

ROCK FORWARD, SHUFFLE ½ TURN SHUFFLE ½ TURN ROCK BACK RECOVER

- 1-2 Rock right foot forward, recover weight onto left foot
- 3&4 Step right foot back making ½ turn right, step left next to right, step right foot forward
- 5&6 Step left foot forward making ½ turn right, step right to left, step left foot back
- 7-8 Rock back onto right foot, recover weight onto right foot

SHUFFLE FORWARD, POINT SWIVEL, SHUFFLE FORWARD, STEP PIVOT TURN

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
- 3-4 Point left toe forward as you swivel right foot ¼ turn right, swivel ¼ left keeping toe pointed forward (weight stays on the right foot)
- 5&6 Step left foot forward, step right next to left, step left foot forward
- 7-8 Step right foot forward pivot ½ turn to left

SHUFFLE FORWARD, POINT SWIVEL, SHUFFLE FORWARD, STEP PIVOT TURN

- 1&2 Step right foot forward, step left foot next to right, step right foot forward
- 3-4 Point left toe forward as you swivel right foot ¼ turn right, swivel ¼ left keeping toe pointed forward (weight stays on the right foot)
- 5&6 Step left foot forward, step right next to left, step left foot forward
- 7-8 Step right foot forward pivot ¼ turn to left

CROSS SHUFFLE ½ HINGE TURN RIGHT, CROSS ROCK CHASSE SIDE

- 1&2 Cross right foot over left foot, step left next to right, step right foot over left foot
- 3-4 Making ¼ turn step left foot back, making ¼ turn step right foot to side
- 5&6 Cross rock left foot over right foot, recover weight onto right foot
- 7-8 Step left foot to side, step right foot next to left, step left foot to side

WEAVE LEFT ¼ TURN, STEP PIVOT ½ TURN, WALK FORWARD RIGHT, LEFT

- 1-2 Cross right foot over left foot, step left foot to side
- 3-4 Step right foot behind left foot, step left foot ¼ turn to left
- 5-6 Step right foot forward, pivot ½ turn to left
- 7-8 Step right foot forward, step left foot forward

The last two steps can be done as a traveling full turn left

REPEAT





牆數:2