

# Shania Shimmy

拍數: 44      牆數: 4      級數: Intermediate  
編舞者: Lyn Dyer  
音樂: Don't Be Stupid (You Know I Love You) - Shania Twain



## TOE POINTS, CROSS AND POINTS

- 1-2            Right toe points to right, cross in front of left foot and point to left
- 3-4&        Point back to right twice, bring right foot next to left
- 5-6            Left toe points to left, cross in front of right foot and point to right
- 7-8&        Point back to left twice on the and beat bring left foot next to right

## MONTEREY TURNS

- 9-10         Point right toe to right, on the ball of left foot do ½ turn right swinging right toe around and replace weight onto right foot
- 11-12        Point left toe to left side, replace left foot
- 13-14        Point right toe to right, on the ball of left foot do half turn right swinging right toe around and replace weight onto right foot
- 15-16        Point left toe to left side and tap next to right foot

## SHUFFLE, ROCK BACK

- 17&18        Shuffle to the left, left, right, left
- 19-20        Rock back on right foot behind left, replace weight on left
- 21&22        Shuffle to the right, right, left, right with ¼ turn left
- 23-24        Rock back on left behind right replacing weight on right

## LEFT SHUFFLE, RIGHT SHUFFLE, PIVOT TURN

- 25&26        Left shuffle forward left, right, left
- 27&28        Right shuffle forward right, left, right
- 29-30        Step forward left, pivot ½ turn right

## LEFT SHUFFLE, RIGHT SHUFFLE, PIVOT TURN

- 31&32        Left shuffle forward left, right, left
- 33&34        Right shuffle forward right, left, right
- 35-36        Step forward left, pivot ½ turn right

## SHIMMY LEFT CLAP, SHIMMY RIGHT CLAP

- 37-39        Take long side step left, shimmy as you drag your right foot to your left
- 40            Touch right foot next to left and clap
- 41-43        Take long side step right, shimmy as you drag your left foot to your right
- 44            Step left foot next to right and clap

On the shimmies, hands can be placed on front of thighs. Bend knees down over beats 1&2 and straighten up over beats 3&4 so body dips down and up.

## REPEAT

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