

Shamey, Shamey, Shame

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Improver
編舞者: Carol Mckee (AUS)
音樂: Shamey, Shamey, Shame - Billy Gilman



STEP, KICK, & STEP, STEP, STEP, STEP, SHUFFLE

1-2 Step left forward 45 degrees left, kick right across left
&3-4 Step on ball of right foot to right and step on left (ball step), step right across left
5-6 Step back on left turning 45 degrees right, step forward on right (now facing front wall)
7&8 Shuffle forward left-right-left

STEP, KICK, & STEP, STEP, STEP, STEP, SHUFFLE

9-10 Step right forward 45 degrees right, kick left across right
&11-12 Step on ball of left foot to left and step on right (ball step), step left across right
13-14 Step back on right turning 45 degrees left, step forward on left (now facing front)
15&16 Shuffle forward right-left-right

ROCK, ROCK, TURNING SHUFFLE, STEP, TOUCH, & STEP HEEL, & STEP TOUCH

17-18 Rock forward left, rock back on right
19&20 Turning ½ turn left, shuffle forward left-right-left
21-22 Step right forward 45 degrees right, touch left toe next to right
&23 Step back on left and touch right heel forward
&24 Step back on right and touch left next to right

STEP, TOUCH, & STEP TOUCH, & STEP, TURNING STEP, SHUFFLE

25-26 Step left forward 45 degrees left, touch right toe next to left
&27-28 Step back on ball of right foot and step left forward (ball step), touch right toe next to left
&29-30 Step back on ball of right foot and step left forward (ball step), step forward right turning ½
 turn left
31&32 Shuffle forward left-right-left

STEP, DRAG, TOUCH, & STEP HEEL, & STEP TOUCH, & STEP HEEL, & STEP TOUCH

33-36 Step right to right, drag left toe to right (2 counts), touch left toe next to right
&37 Step back on left and touch right heel forward 45 degrees
&38 Step back on right and touch left toe next to right
&39 Step back on left and touch right heel forward 45 degrees
&40 Step back on right and touch left toe next to right

STEP, DRAG, TOUCH, & STEP HEEL, & STEP TOUCH, & STEP HEEL, & STEP TOUCH

41-44 Step left to left, drag right toe to left (2 counts), touch right toe next to left
&45 Step back on right and touch left heel forward 45 degrees
&46 Step back on left and touch right toe next to left
&47 Step back on right and touch left heel forward 45 degrees
&48 Step back on left and touch right toe next to left

STEP, KICK, & STEP, KICK, STEP, STEP, SHUFFLE

&49-50 Step back on ball of right foot and step forward on left (ball step), kick right across left
&51-52 Step back on ball of right foot and step forward on left (ball step), kick right forward
53-54 Step back on right, step forward on left
55&56 Shuffle forward right-left-right

STEP, HIPS, HIPS, HIPS, TOUCH

57-60 Step forward 45 degrees left bumping hips forward twice, bump hips back twice

61-63 Roll hips left-right-left

64 Touch right toe next to left

STEP, HIPS, HIPS, STEP, TURN, SHUFFLE

65-68 Step forward 45 degrees right bumping hips forward twice, bump hips back twice

69-70 Step forward 45 degrees left on right (now facing front), pivot ½ turn left (keep weight on left)

71&72 Shuffle forward right-left-right

REPEAT
