

# Shameful

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Annie Moore  
音樂: What a Crying Shame - The Mavericks



## ROCK FORWARD, BACK, COASTER, FORWARD, BACK, BACK, HOLD

1-2      Rock forward on left, rock back on right  
3&4      Step back on left, step right beside left, step forward on left  
5-6-7-8      Rock forward on right, rock back on left, step back on right, hold

## COASTER, ROCK FORWARD, BACK, TOE STRUT BACK

9&10      Step back on left, step right beside left, step forward on left (coaster)  
11-12      Rock forward on right, rock back on left  
13-14-15-16      Toe strut back right, left

## ¼ ROCK, BEHIND SIDE CROSS, ROCK LEFT, RIGHT, BEHIND SIDE CROSS

17-18      Making ¼ turn right step right to right side, rock weight to left  
19&20      Step right behind left, step left to left, step right across left  
21-22      Rock left to left, rock weight to right  
23&24      Step left behind right, step right to right, step left across right

## ROCK/ ¼ TURN, ½ TRIPLE STEP, ROCK BACK FORWARD, ½ TRIPLE STEP

25-26      Rock right to right, making ¼ turn left step rock forward on left  
27&28      Making ½ turn left triple step right, left, right  
29-30-31&32      Rock back on left, rock forward on right, ½ right triple step left, right, left

## ROCK BACK FORWARD, STEP, HOLD, STEP, LOCK, ROCK FORWARD, BACK

33-34-35-36      Rock back on right, rock forward on left, step forward on right, hold  
37-38-39-40      Step forward on left, lock right behind left, rock forward on left, rock back on right

## COASTER, FORWARD, HOLD, FORWARD, LOCK, ROCK FORWARD BACK

41&42      Step back on left, step right beside left, step forward on left  
43-44-45-46      Step forward on right, hold, step forward on left, lock right behind left  
47-48      Rock forward on left, rock back on right

## COASTER, ¼ PIVOT TWICE, ROCK FORWARD BACK

49&50      Step back on left, step right beside left, step forward on left  
51-52-53-54      Step forward on right, pivot ¼ left - and repeat  
55-56      Rock forward on right, rock back on left

## ROCK BACK FORWARD, TOE STRUT FORWARD RIGHT-LEFT-RIGHT

57-58      Rock back on right, rock forward on left  
59-64      Toe strut forward right, left, right

## REPEAT