

Shame On Me (P)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Shame On Me - Ken Mellons



Position: Challenge position. Man faces OLOD and Lady faces ILOD

BACK STEPS, HOLDS, WALK BACK

On the 1st, 3rd and 6th repetition of dance only, add the following hand movements

- 1-2 Step back onto right foot (hold up left index finger); hold
- 3-4 Step back onto left foot (point right index finger out and brush left index finger across top of right index finger twice); hold
- 5-6 Step back on right foot (point left and right index fingers at partner); step back on left foot
- 7-8 Step back on right foot (bring hands down to side); step back on left foot

FORWARD STEPS, HOLDS, WALK FORWARD

On the 1st, 3rd and 6th repetition of dance only, add the following hand movements

- 9-10 Step forward onto right foot (hold up left middle and index fingers); hold
- 11-12 Step forward onto left foot (point right index finger out and brush left index finger across top of right index finger twice); hold
- 13-14 Step forward on right foot (point left and right thumbs back toward you); step forward on left foot
- 15-16 Step forward on right foot (bring hands down to side); step forward on left foot

SIDE STEP-SLIDE-STEP, TOGETHER, TOE FAN, TOE TOUCHES

- 17-18 Step to the right on right foot; slide left foot next to right and step
- 19-20 Step to the right on right foot; step left foot next to right
- 21-22 Fan left toe to the left; bring left toe back to center
- 23-24 Touch left toe out to side; touch left toe next to right

FORWARD TOE/HEEL STRUTS (PARTNERS SWITCH SIDES), SIDE STEP-SLIDE-STEP, TOGETHER

- 25-26 Step forward onto ball of left foot; step down onto left heel
- 27-28 Step forward onto ball of right foot; step down onto right heel
- 29-30 Step to the left on left foot; slide right foot next to left and step
- 31-32 Step to the left on left foot; step right foot next to left

Partners are now back-to-back. Man facing OLOD and lady facing ILOD

TOE FAN, TOE TOUCHES, TO THE LEFT MILITARY PIVOT, WALK FORWARD

- 33-34 Fan right toe to the right; bring right toe back to center
- 35-36 Touch right toe out to side; touch right toe next to left
- 37-38 Step forward on right foot; pivot a ½ turn to the left on ball of right foot and shift weight to left foot
- 39-40 Step forward on right foot; step forward on left foot

Man takes up lady's left hand in his left. Man faces ILOD and lady faces OLOD. Lady slightly to the left of man

MAN: TURNING SHUFFLES, ROCK STEPS. LADY: TURNING SHUFFLES, ROCK STEPS

Raise left hands. Lady turns under upraised joined hands. Partners switch sides

- 41&42 **MAN:** Shuffle forward (right, left, right) making a ½ turn to the left on these steps
LADY: Shuffle forward (right, left, right) making a ½ turn to the right on these steps

Man takes up lady's right hand in his right. Man facing OLOD and lady facing ILOD in the double hand hold position

- 43-44 Step back on left foot; rock forward onto right foot
- Raise left hands. Lady turns under upraised joined hands...**

45&46 **MAN:** Shuffle in place (left, right, left) making a $\frac{1}{4}$ turn to the left on these steps
LADY: Shuffle in place (left, right, left) making a $\frac{3}{4}$ turn to the left on these steps

Partners now in the right side-by-side position facing LOD

47-48 Step back on right foot; rock forward onto left foot

DIAGONAL STEP-SLIDE-STEPS, SCUFF

49-50 Step forward and diagonally to the right on right foot; slide left foot next to right and step

51-52 Step forward and diagonally to the right on right foot; scuff left foot next to right

53-54 Step forward and diagonally to the left on left foot; slide right foot next to left and step

55-56 Step forward and diagonally to the left on left foot; scuff right foot next to left

MAN: DIAGONAL VINE RIGHT, TOUCH. LADY: DIAGONAL ROLLING TURN TO THE RIGHT, TOUCH
Release left hands and raise right hands. Lady turns under upraised joined hands

57-58 **MAN:** Step forward and diagonally to the right on right foot; step left foot next to right

LADY: Step forward and diagonally to the right on right foot and begin a full rolling turn to the right traveling to the right; step on left foot and continue full rolling turn to the right

59-60 **MAN:** Step forward and diagonally to the right on right foot; touch left foot next to right

LADY: Step on right foot and complete full to the right rolling turn; touch left foot next to right

Rejoin left hands returning to the right side-by-side position

MAN: $\frac{3}{4}$ TO THE LEFT ROLLING TURN, TOUCH. LADY: VINE LEFT WITH $\frac{1}{4}$ TURN, TOUCH

Release right hands and raise left hands. Man turns under upraised joined hands

61-62 **MAN:** Step to the left on left foot and begin a $\frac{3}{4}$ rolling turn to the left traveling to the left; step on right foot and continue $\frac{3}{4}$ rolling turn to the left

LADY: Step to the left on left foot; step right foot next to left

63-64 **MAN:** Step on left foot and complete $\frac{3}{4}$ rolling turn to the left; touch right foot next to left

LADY: Step a $\frac{1}{4}$ turn to the left on left foot; touch right foot next to left

Release left hands. Partners now facing each other in the challenge position. Man facing OLOD and lady facing ILOD

REPEAT
