

Shame On Me

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Shelli Blake (USA)
音樂: Shamey, Shamey, Shame - Billy Gilman



CAT WALK FORWARD, OUT, OUT, CROSS, ¼ TURN, TOUCH

- 1-4 Step right forward crossing over left, step left forward crossing over right, step right forward crossing left, step left forward crossing over right
&5-6 Step right out to right side, step left out to left side, cross right behind left
7-8 Step left into ¼ turn left, touch right next to left

½ MONTEREY TURN, SIDE, BEHIND, SIDE, CROSS, BRUSH

- 1-4 ½ Monterey turn right (point right toe to right, pivot ½ turn right, point left toe to left, touch left toe next to right)
5-6 Step left to left side, step right behind left
&7-8 Step left to left side, cross right over left, brush left forward

STEP, KICK, STEP, KICK, JAZZ SQUARE WITH ¼ TURN

- 1-4 Step forward on left, kick right to right side (snap fingers on kick), step forward on right, kick left to left side (snap fingers on kick)
5-8 Jazz square ¼ turn left: cross left over right, step back on right, step left into ¼ turn left, touch right next to left

STEP BACK, TAP HEEL, STEP TOGETHER, STEP FORWARD, STEP, ½ PIVOT, ½ TURN, ½ TURN, SHUFFLE

- &1&2 Step back on right, tap left heel forward, step left at center, step forward on right
3-6 Step forward on left, pivot ½ right, turn ½ turn right stepping back on left, turn ½ turn right stepping forward on right
7&8 Shuffle forward: step forward left, step right next to left, step forward on left

BRUSH, STEP, SWIVEL, SWIVEL, BRUSH, STEP, SWIVEL, ¼ TURN

- 1-4 Brush right forward, step right in front of left, swivel heels to right, return center
5-8 Brush left forward, step left in front of right, swivel heels to left into ¼ turn right, (heels will be off floor), replace heels

BRUSH, STEP, ½ TURN, STEP, ROCK, STEP, KICK, KICK

- 1-4 Brush right forward, step forward on right, turn ½ turn right on ball of right, step back on left
5-8 Rock back right foot, step forward on left, kick right forward, kick right forward

ROCK, RECOVER, CROSS, SIDE, CROSS, SIDE, CROSS, SIDE

- 1-2 Rock right to right side, recover on left
3-4 Cross right heel over left (heel dig & knees will be bent), step left to left side straightening knees
5-6 Cross right heel over left (heel dig & knees will be bent), step left to left side straightening knees
7-8 Cross right heel over left (heel dig & knees will be bent), step left to left side straightening knees

HEEL, TOGETHER, HEEL WITH ¼ TURN, TOGETHER, HEEL WITH ¼ TURN, TOGETHER

- 1-4 Tap right heel forward, step right next to left bending knees, turn ¼ left tapping left heel forward straightening knees, step left next to right
5-8 Tap right heel forward, step right next to left bending knees, turn ¼ left tapping left heel forward straightening knees, step left next to right

REPEAT

TAG

After the first wall

POINT, POINT, SAILOR STEP, POINT, POINT SAILOR STEP

- 1-2 Point right toe forward, point right toe to right side
- 3&4 Right sailor step: step right behind left, step left to left side, step right to right side
- 5-6 Point left toe forward, point left toe to left side
- 7&8 Left sailor step: step left behind right, step right to right side, step left to left side

STEP, KICK, STEP, KICK, JAZZ WITH ½ TURN

- 1-2 Step forward right, kick left to left side, (snap fingers on kick)
- 3-4 Step forward left, kick right to right side, (snap fingers on kick)
- 5-8 Jazz square ½ turn right: cross right over left, step back on left, step right into ½ turn right, step left next to right

STEP, KICK, STEP, KICK, JAZZ WITH ¼ TURN

- 1-2 Step forward right, kick left to left side, (snap fingers on kick)
 - 3-4 Step forward left, kick right to right side, (snap fingers on kick)
 - 5-8 Jazz square ¼ turn right: cross right over left, step back on left, step right into ¼ turn right, step left next to right
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