

# Shame On Me

拍數: 64      牆數: 1      級數: Improver  
編舞者: Cato Larsen (NOR)  
音樂: Shame On Me - Rachel Proctor



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## SIDE ROCK, SIDE SHUFFLE, CROSS ROCK, SWEEP INTO A SAILOR STEP ¼ TURN

1-2            Step right to right, step left in place  
3&4           Step right to right, step left next to right, step right to right  
5-6           Step left across of right, rock (recover) back onto right  
&              Sweep left counter to the right  
7&8           Step left behind right, step right to right, turn ¼ turn left stepping forward on left

## ROCK STEP, AND ROCK STEP, AND WALK FORWARD, SHUFFLE FORWARD

1-2&          Step forward on right, rock (recover) back onto left, step right next to left  
3-4&          Step forward on left, rock (recover) back onto right, step left next to right  
5-6           Step forward on right, step forward on left  
7&8           Step forward on right, step left next to right, step forward on right

## ROCK STEP, ¼ TURN & POINT, HOLD, HIP BUMPS, SIDE ROCK & CROSS

1-2            Step forward on left, rock (recover) back onto right  
&3-4          Pivot ¼ turn left stepping left to left side, point right toe to right side, hold  
5-6           Bump your hips right, left  
7&8           Step right to right side, rock (recover) back onto left, step right across of left

## 2X ¼ PIVOT TURN, CROSS SHUFFLE, SIDE ROCK, WEAVE

1              Pivot ¼ turn right stepping back on left  
2              Pivot ¼ turn right stepping right to right side  
3&4           Step left across of right, step right to right side, step left across of right  
5-6           Step right to right side, rock (recover) back onto left  
7&8           Step right behind left, step left to left side, step right across of left

## REPEAT IT ALL

33-64          Repeat 1-32 mirror image. Everything is done the opposite way with the opposite foot

## REPEAT

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