

Shama Lama Ding Dong

COPPER KNOB
STEP SHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Violet Ray (USA)
音樂: Shama Lama Ding Dong - Naupaka



BACK, TOGETHER, BACK, HOLD (2X)

- 1-2 Step left back at left angle (11:00), step right next to left
- 3-4 Step left back at left angle (11:00), hold
- 5-6 Step right back at right angle (1:00), step left next to right
- 7-8 Step right back at right angle (1:00), hold

FORWARD, HOLD WITH FINGER SNAPS (4X)

- 1-2 Step left forward at left angle (11:00), hold & snap fingers
- 3-4 Step right forward at right angle (1:00), hold & snap fingers
- 5-6 Step left forward at left angle (11:00), hold & snap fingers
- 7-8 Step right forward at right angle (1:00), hold & snap fingers

MODIFIED LEFT VINE, HOLD, ¼ TURNING MODIFIED RIGHT VINE, HOLD

- 1-2 Step left forward, cross right behind left
- 3-4 Step left to left side, hold
- 5-6 Step right forward, cross left behind right
- 7-8 Turn ¼ right stepping on right (3:00), hold

¼ PIVOT TURN (2X), FORWARD LOCK STEP, HOLD

- 1-2 Step left forward, pivot turn ¼ right ending with weight on right (6:00)
- 3-4 Step left forward, pivot turn ¼ right ending with weight on right (9:00)
- 5-6 Step left forward, cross right behind left
- 7-8 Step left forward, hold

TOE - HEEL TURNING JAZZ BOX

- 1-2 Tap right toe to right side, press right heel down
- 3-4 Tap left toe across right foot, press left heel down
- 5-6 Tap right toe back, press right heel down
- 7-8 Turn ¼ left tapping left toe forward (6:00), press left heel down

JAZZ STEP FORWARD, HOLD (3X)

- 1-2 Lift right slightly off floor and step forward at right angle while pushing right hip forward, hold
- 3-4 Lift left slightly off floor and step forward at left angle while pushing left hip forward, hold
- 5-6 Lift right slightly off floor and step forward at right angle while pushing right hip forward, hold
- 7-8 Hold, hold

REPEAT

TAG

At the end of the 5th and 6th repetition of the dance, do the following then begin the dance again:

- 1-2 Sway left hip to left side (shift weight onto left), hold
- 3-4 Sway right hip to right side (shift weight onto right), hold