

Shall We Sway

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 0 牆數: 0 級數:
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音樂: Sway - The Pussycat Dolls



Sequence: AB, AA, B&, AA

PART A

FORWARD, SIDE, BEHIND, SIDE, CROSS ROCK

1-4 (SQQ) Step left foot forward, hold, step right foot to right side, step left foot behind right foot
5-8 (SQQ) Step right foot to right side, hold, cross left foot in front of right foot, replace weight to right foot

RONDE TURN, BACK ROCK

9-10 (S) Rondé left foot from front to back while turning $\frac{1}{2}$ turn to the left
11-12 (QQ) Rock back on left foot, replace weight to right foot

RUMBA BOX, PREP FOR TURN

13-16 (SQQ) Step left foot forward, hold, step right foot to right side, step left foot together
17-20 (SQQ) Step right foot back, hold, step left foot to left side, step right foot in place with toe turned out

PENCIL TURN, BACK ROCK

21-22 (S) Turn $\frac{3}{4}$ to the right and step the left foot next to the right foot, hold
23-24 (QQ) Rock back on the right foot, replace weight to the left foot

SWAY, BREAK

25-28 (SQQ) Step right foot to side and upper body sway to the right, hold, upper body sway to the left, turn $\frac{1}{4}$ to the right and step right foot forward
29-30 (S) Step left foot next to right foot, hold
31-32 (QQ) Hold, step right foot slightly back

HALF BOX, TURN RIGHT THEN LEFT

33-36 (SQQ) Step left foot forward, hold, step right foot to right side, step left foot together
37-40 (SQQ) Turn $\frac{1}{4}$ right and step right foot forward, hold, step left foot forward with toe turned out, turn $\frac{1}{2}$ to the left and step right foot back

SIDE, BACK ROCK

41-44 (SQQ) Turn $\frac{1}{4}$ to the left and step left foot to the side, hold, rock back on right foot, replace weight to left foot

FORWARD, FRONT ROCK, BACK, BACK ROCK, SIDE, TOGETHER, BACK

45-48 (SQQ) Step right foot forward, hold, rock forward on left foot, replace weight to right foot
49-52 (SQQ) Step left foot back, hold, rock back on right foot, replace weight to left foot
53-56 (SQQ) Step right foot to side, hold, step left foot together, step right foot back

$\frac{1}{4}$ TURNING BOX, BREAK

57-60 (SQQ) Step left foot forward with toe turned out, hold, turn $\frac{1}{4}$ left and step right foot to the side, step left foot together
61-62 (S) Step right foot to the side, hold
63-64 (QQ) Hold, hold

PART B

DOUBLE CORTÉ WITH ¼ TURNS

- 1-2 (S) Lunge forward onto left foot, hold
- 3-4 (S) Replace weight to right foot, hold
- 5-6 (QQ) Step left foot back with toe turned in, turn ¼ to the right and step right foot to the side
- 7-8 (S) Step left foot together, hold
- 9-10 (S) Lunge forward onto right foot, hold
- 11-12 (S) Replace weight to left foot, hold
- 13-14 (QQ) Step right foot back with toe turned in, turn ¼ to the left and step left foot to the side
- 15-16 (S) Step right foot together, hold

PROGRESSIVE SECOND POSITION BREAKS

- 17-20 (SQQ) Step left foot forward, hold, rock right foot to the right side, replace weight to left foot
- 21-24 (SQQ) Step right foot forward, hold, rock left foot to the left side, replace weight to the right foot

On the second time through Part B, when it is called B&, repeat those 8 counts a second time

BACK ¼ TURNING BOX

- 25-28 (SQQ) Step left foot back, hold, step right foot back with toe turned in, turn ¼ to the left and step left foot to the side
- 29-30 (S) Step right foot together, hold
- 31-32 (QQ) Hold, hold

PART B&

Part B& is the same as Part B, except counts 17-24 are done twice instead of once
