

# Shalala Lala

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Eileen Stapleton (UK)  
音樂: Shalala Lala - Vengaboys



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## RIGHT & LEFT SIDE STEPS, SHUFFLE, ROCK STEP

1-2      Step right to right side, touch left beside right & clap  
3-4      Step left to left side, touch right beside left & clap  
5&6      Step right to right, close left to right, step right to right  
7-8      Rock weight back on left, rock weight forward on right

## SIDE SHUFFLE, ROCK STEP, HIPS RIGHT & LEFT

9&10      Step left to left, close right beside left, step to left  
11-12      Rock weight back on right making  $\frac{1}{4}$  turn right, rock weight forward left  
13&14      Step forward right, bumping hips right, left, right  
15&16      Step forward left bumping hips left, right, left

## FOUR SHUFFLE TURNS MAKING A FULL CIRCLE

17&18      Shuffle turn right stepping right, left, right  
19&20      Shuffle turn right stepping left, right, left  
21&22      Shuffle turn right stepping right, left, right  
23&24      Shuffle turn right stepping left, right, left

## FORWARD MAMBO, BACK MAMBO, PADDLE TURNS TWICE

25&26      Rock forward right, rock back onto left, step right beside left  
27&28      Rock back left, rock forward right, step left beside right  
29-30      Touch right toe forward. Pivot  $\frac{1}{4}$  turn left  
31-32      Touch right toe forward. Pivot  $\frac{1}{4}$  turn left

**REPEAT**

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