

Shalala Lala

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Eileen Stapleton (UK)
音樂: Shalala Lala - Vengaboys



RIGHT & LEFT SIDE STEPS, SHUFFLE, ROCK STEP

1-2 Step right to right side, touch left beside right & clap
3-4 Step left to left side, touch right beside left & clap
5&6 Step right to right, close left to right, step right to right
7-8 Rock weight back on left, rock weight forward on right

SIDE SHUFFLE, ROCK STEP, HIPS RIGHT & LEFT

9&10 Step left to left, close right beside left, step to left
11-12 Rock weight back on right making $\frac{1}{4}$ turn right, rock weight forward left
13&14 Step forward right, bumping hips right, left, right
15&16 Step forward left bumping hips left, right, left

FOUR SHUFFLE TURNS MAKING A FULL CIRCLE

17&18 Shuffle turn right stepping right, left, right
19&20 Shuffle turn right stepping left, right, left
21&22 Shuffle turn right stepping right, left, right
23&24 Shuffle turn right stepping left, right, left

FORWARD MAMBO, BACK MAMBO, PADDLE TURNS TWICE

25&26 Rock forward right, rock back onto left, step right beside left
27&28 Rock back left, rock forward right, step left beside right
29-30 Touch right toe forward. Pivot $\frac{1}{4}$ turn left
31-32 Touch right toe forward. Pivot $\frac{1}{4}$ turn left

REPEAT
