

Shakira

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Simon Ward (AUS)
音樂: Whenever, Wherever - Shakira



1&2 Cross/shuffle to right left, right, left
& Turn a ½ turn right on ball of left foot (hinge turn)
3&4 Cross/shuffle to left right, left, right
5&6 Bring left leg around & cross/shuffle to right left, right, left
& Turn a ½ turn right on ball of left foot (hinge turn)
7&8 Cross/shuffle to left right, left, right

(BALL JACKS)

&1&2 Step left slightly left & back, touch right heel at 45 degrees right, step right slightly back at center, cross/step left over right
&3&4 Step right slightly right & back, touch left heel at 45 degrees left, step down on left at 45 degrees left, tap right beside left
&5-6 Step right slightly back, touch left heel at 45 degrees left, hold & step down on left at 45 degrees left
&7&8 Step right forward, pivot ½ turn left taking weight onto left, step right forward, pivot ½ turn left taking weight onto left
& Tap right beside left

1-2 Step right back starting to make a ½ turn left, complete ½ turn left by stepping on left & facing back wall
3&4 Cross/rock right over left, rock/step left back, turn a ¼ turn right stepping right slightly forward after turn
5-6 Turn a further ¼ turn right stepping left foot to side after turn and dragging right heel on side step, step right behind left
7&8 Step left slightly to left & turning ¼ left, step right forward, pivot ½ turn left taking weight onto left

1-2 Turn a further ¼ turn left stepping right foot to side after turn and dragging left heel on side step, step left behind right
3&4 Step right slightly to right & turning ¼ right, step left forward, pivot ½ turn right taking weight onto right
5-6 Step left forward, pivot ½ turn right taking weight onto right
7&8 Step left slightly forward, step right beside left, step left slightly back (forward coaster step)

The next 8 try and do a samba feel, using your hips slightly

1&2 Rock right to right side, take weight onto left at center and slightly back, cross/step right over left
3&4 Step left to left side, turn a ¼ turn right taking weight onto right foot, step left slightly forward
5&6 Rock right to right side, take weight onto left at center and slightly back, cross/step right over left
7&8 Step left to left side, turn a ¼ turn right taking weight onto right foot, step left slightly forward

1-2 Step right forward, pivot ½ turn left taking weight onto left
3-4 Rock/step right forward, rock/step left back flicking right foot under left knee
5-6 Large step forward on right, lock/step left behind right
& Step right forward
7-8 Step left forward, pivot ¼ turn right taking weight onto right foot

REPEAT

TAG

At the end of the second wall you will do the first 4 counts and then start again. So in other words you will do six cross/shuffles instead of four on the 3rd wall.
