

Shaking Those Blues

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Vivienne Scott (CAN)
音樂: So Unhappy - Little Mack Simmons



HEEL TOUCHES FORWARD, TOE STEPS BACK

1-2 Touch right heel forward, step down together bending knees
3-4 Touch left heel forward, step down together bending knees
5-6 Touch right toe back, step down
7-8 Touch left toe back, step down together

STEP FORWARD ON HEELS, STEP BACK ON TOES, SIDE SHUFFLE RIGHT, ROCK BACK

9-10 Step forward on right heel, step forward on left heel
11-12 Step back on right toe, step back on left toe
13&14 Step right to right side, close left beside right, step right to right side
15-16 Rock left behind right, recover on right

SIDE SHUFFLE LEFT WITH ¼ TURN RIGHT, ROCK BACK, STEP FORWARD RIGHT, ½ TURN PIVOT LEFT, ROCK FORWARD RIGHT

17&18 Step left to left side, close right beside left, step left to left side with ¼ turn right
19-20 Rock back right, recover on left
21-22 Step forward right, ½ turn pivot left
23-24 Rock forward right, recover on left

½ TURN SHUFFLE RIGHT, JAZZ BOX WITH ½ TURN LEFT, SCOOT FORWARD, SUGARFOOT

25&26 Step back right with ½ turn right, close left beside right, step forward right
27-28 Step left across right, step back right making ¼ turn left
29-30 Step forward left making ¼ turn left, hitch right scooting forward on left
31-32 Touch right toe next to left, touch right heel next to left

SHUFFLE FORWARD RIGHT, ROCK FORWARD, ¼ TURN LEFT, SHAKE THOSE BLUES TO THE LEFT, TO THE RIGHT

33&34 Step forward right, close left beside right, step forward right
35-36 Rock forward on left, recover on right
37&38 Step back left with ¼ turn left, leaning to left bump hips left twice (shake shoulders with this move)
39&40 Transfer weight to right, leaning to right, bump hips right twice (shake shoulders with this move)

STEP TURNS, LEFT COASTER STEP BACK, JUMPS FORWARD WITH CLAPS

41-42 Step forward left with ¼ turn left, step forward right making ½ turn left
43&44 Step back left, step right beside left, step forward left
45-46 Jump forward with feet apart, clap
47-48 Jump forward with feet apart, clap

REPEAT