

Shakin' It Up

拍數: 32 牆數: 4 級數:
編舞者: Susan Brooks (USA) & Harry Brooks (USA)
音樂: Thump Factor - Smokin' Armadillos



1-2 Step to right side with right foot, cross left foot behind right
3&4 Right shuffle to right side-right, left, right

5-6 Step to left side with left foot, cross right foot behind left
7&8 Left shuffle to left side-left, right, left

CHARLESTON

1-4 Step forward with right foot, kick left foot forward & clap, step back with left, touch right foot back & clap

BACKWARDS CHARLESTON

5-8 Step back with right foot, touch left toe back & clap (head & body bow), step forward on left foot, bring right knee up & hitch

1&2 Right shuffle in place turning $\frac{1}{2}$ to left-right, left, right
3-4 Rock step back with left foot, step in place with right foot

5-6 Rock forward & slightly right crossing left over right, rock back stepping back onto right foot
7&8 Left coaster step-step back with left, step right foot back to left foot, step forward with left foot

1-2 Rock forward & slightly left crossing right over left, rock back stepping back onto left foot

3&4 Right coaster step-step back with right foot, step left foot next to right foot, step forward with right foot

BOOGIE WALKS FORWARD WITH $\frac{1}{4}$ TURN LEFT

5 Step forward with left foot with left toes turned to right,
6 Step forward with right foot with right toes turned toward left,
7 Step forward with left foot & turn $\frac{1}{4}$ left on ball of left foot,
8 Hitch right knee & clap

REPEAT
