

Shakin' It Up

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Advanced
編舞者: Jim Ray (USA) & Tina Ray (USA)
音樂: The Shake - Neal McCoy



RIGHT HEEL TAPS, TWO ¼ TURNS LEFT

1-2 Tap right heel forward; tap right heel beside left
3-4 Tap right heel forward; tap right heel to right side
5-6 Turning ¼ left, step on right foot; kick left foot forward
7-8 Turning ¼ left, step on left foot; kick right foot forward.

ROLLING RIGHT GRAPEVINE; ½ TURN LEFT, ½ TURN RIGHT

9-10 Turning ¼ right, step on right foot; turning ¼ turn right, step on left
11-12 Turning ½ right, step on right foot; point left toe to left side
13-14 Step on left foot; pivot ½ turn left tapping right toe to right side
15-16 Step on right foot; pivot ½ turn right tapping left toe to left side.

½ TURN LEFT, HIP BUMPS

17-18 Step on left foot; pivot ½ turn left and step on right foot
19-20 Bump hips to the left twice
21-22 Bump hips to the right twice
23-24 Bump hips to the left; bump hips to the right.

½ TURN LEFT, KICK, ¾ TURN RIGHT, KICK

25-27 Step right, left, right turning ½ left
28 Kick right foot forward
29-31 Step on right, left, right turning ¾ right
32 Kick left foot forward.

FORWARD SHUFFLE, MILITARY TURN, ¼ TURN, RIGHT VINE

33&34 Step left foot forward; step right together; step left foot forward
35-36 Step right foot forward; pivot ½ turn left
37-38 Turning ¼ left, step on right foot; cross-step left behind right
39-40 Step right foot to the right; tap left beside right.

FULL TURN LEFT, HIP BUMPS

41-43 Make a full turn left stepping left, right left
44 Tap right foot beside left
45-46 Bump hips to the right twice
47-48 Bump hips to the left twice.

REPEAT