

Shakey Ground

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Andy Williams (USA)
音樂: Shakey Ground - The Temptations



WALK, WALK, FORWARD COASTER, BACK COASTER, ROCK AND CROSS

1-2 Walk right, walk left
3&4 Step right forward, bring left next to right and step right back
5&6 Step back left, bring right next to left, step left forward
7&8 Rock right to side, recover weight to left, cross right over left

STEP FORWARD, TURN ½, COASTER STEP, SCUFF, HITCH, STEP, STEP TOGETHER, KNEE POPS

1-2 Step forward left, turn ½ stepping back on right
3&4 Step back left, bring right next to left, step left forward
5&6 Scuff right forward, hitch right knee, step down
7&8 Step left next to right, while raising up on toes of both feet, pop knees outward, step down on both feet, put weight on right foot

SHUFFLE FORWARD, RIGHT SAILOR, LEFT SAILOR TURNING ½, KICK BALL STEP

1&2 Shuffle forward left, right, left
3&4 Step right behind left, left to side, right to right side
5&6 Step left behind right (starting to turn ½ left), step right to right side (finishing ½ turn), step left. To left. Side
7&8 Kick right foot forward, step left to left side and step right to side

STEP FORWARD, HOLD, SIDE AND SIDE AND ROCK RECOVER ½ LEFT SHUFFLE

1-2 Step forward right and hold
&3&4& Step right home and step left to side, step left home, step right to side and step right home, taking weight
5-6 Rock left forward, recover to right
7&8 Shuffle ½ left, stepping left, right, left

REPEAT
