

Shake-A-That A**

拍數: 48 牆數: 4 級數: Improver east coast swing
編舞者: Geoff Langford (UK)
音樂: Blues About You Baby - Delbert McClinton



STEP TOUCH AND CLAPS X 4

1-2 Step right diagonal forward to right, touch left beside right and clap
3-4 Step left diagonal back to the left, touch right beside left and clap
5-6 Step right diagonal forward to right, touch left beside right and clap
7-8 Step left diagonal back to the left, touch right beside left and clap

GRAPEVINE RIGHT ¼ TURN RIGHT BRUSH

1-2 Step right to right side, step left behind right
3-4 Step right to right side ¼ turn right, brush left forward beside right
5-6 Step back on left, step back on right
7-8 Step back on left, step back on right

SHAKE A THAT A**

1-8 Bump your hip back and forward for 8 counts (1&2& etc.)

Weight is now on your left

TOE STRUTS TWICE JAZZ BOX ¼ TURN TWICE

1-2 Touch right toe forward, drop right heel to the floor taking weight
3-4 Touch left toe forward, drop left heel to the floor taking weight
5-6 Cross step right over left, step back on left
7-8 ¼ turn right step right to right side, step left beside right

REPEAT 25 TO 32

1-2 Touch right toe forward, drop right heel to the floor taking weight
3-4 Touch left toe forward, drop left heel to the floor taking weight
5-6 Cross step right over left, step back on left
7-8 ¼ turn right step right to right side, step left beside right

REPEAT 17 TO 24 SHAKE A THAT A**

1-8 Bump your hip back and forward for 8 counts (1&2& etc.)

Weight is now on your left

REPEAT
