Shake Your Groove Thing



拍數: 32 編數: 2 級數: Intermediate

編舞者: The Lady In Black (UK)

音樂: Shake Your Groove Thing - Peaches & Herb



Start on the vocals "Let's show the world we can dance" after 68 counts. I could have started the dance earlier but that would have required a tag

TOUCH STEPS & SHAKE, SYNCOPATED ROCKS FORWARD

1-2 Touch right toe forward, step down on right

Shake hips and shoulders over counts 1-2

3-4 Repeat counts 1-2 leading with left

These 4 counts are traveling forward

5-6& Rock right forward, recover weight on left, step right in place 7-8& Rock left forward, recover weight on right, step left in place

STEP 1/2 TURN, STEP 1/4 TURN, SYNCOPATED ROCKS, & STEP

1-2 Step forward right, pivot ½ turn right3-4 Step forward right, pivot ¼ turn right

5-6& Rock right forward, recover weight on left, step right in place 7-8& Rock left forward, recover weight on right, step left in place

CROSS, BACK, BACK, TOUCH, LEFT SLIDE, STEP ½ TURN LEFT

1-2 Cross right over left, step back left

3-4 Step back right, touch left in front of right & snap fingers

5-6 Step left forward, slide right behind left

&7-8 Step left forward, step right forward, pivot ½ turn left

VINE RIGHT, TOUCH LEFT, HOLD, STEP TOUCH, STEP POINT, 1/4 TURN LEFT

1-4 Step right to right, step left behind right, step right to right, touch left next to right

5&6 Hold, step left in place, point right forward

&7-8 Step right in place, point left to left, step left ¼ turn left

REPEAT