

Shake Your Bon Bon

COPPER KNOB
STEPSHETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Caroline Robson (UK)
音樂: Shake Your Bon-Bon - Ricky Martin



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- 1-4 Right kick-ball touch (touching left to left side)
5-8 Left kick ball touch with $\frac{1}{4}$ turn left (touching right to right side)
1-4 Slow forward right shuffle, (right, left together, right)
5-8 Left side rock and cross left over right
- 1-4 Right side rock and cross right over left
5-8 Left rock forward and bring left foot together
- 1-4 Slow right shuffle back (right, left together, right)
5-8 Keeping left slightly in front of right, push hips forward into upper body roll
- 1-4 Step forward on right and push hips right twice
5-8 Step forward on left and push hips left twice
- 1-4 Step forward on right and push hips right twice
5-8 Step forward on left and push hips left twice

REPEAT
