

# Shake Your Bon Bon

**COPPER** **KNOB**  
BY STEPHEN

拍數: 48                      牆數: 4                      級數: Improver  
編舞者: Pam Pike (UK)  
音樂: Shake Your Bon-Bon - Ricky Martin



Start on Lyric "I'm a desperado..."

## HITCH KNEES, RIGHT KICK BALL CROSS, ROCK OUT

- 1                      Hitch right knee across left leg pushing down with both hands either side of your body
- 2                      Step right next to left and raise both hands up to shoulder height
- 3                      Hitch left knee across right leg pushing down with both hands either side of your body
- 4                      Step left next to right and raise both hands to shoulder height
- 5&6                  Kick right foot forward, step ball of right foot next to left, cross left foot in front of right
- 7-8                  Step right foot to right side, replace weight onto left foot

## SIDE SHUFFLES WITH CROSS ROCKS

- 9&10                 Right side shuffle (step right to right side, step left next to right, step right foot to right side)
- 11-12                Cross left foot in front of right and rock onto it, replace weight onto left foot
- 13&14                Left side shuffle (step left foot to left side, step right next to left, step left foot to left side)
- 15-16                Cross right foot in front of left and rock onto it, replace weight onto right foot

## RIGHT SIDE STEPS WITH A QUARTER AND A HALF TURN

- 17-18                Step right foot to right side, clap hands once or shimmy
- &19-20               Step left foot next to right, step right foot to right side, clap hands once or shimmy
- &21-22               Step left foot next to right, step right foot to right side making  $\frac{1}{4}$  turn right, step left foot forward
- 23-24                Pivot  $\frac{1}{2}$  turn right, step forward on left foot

## ROCK AND COASTER STEPS

- 25-26                Step right foot forward, replace weight onto left
- 27&28                Right coaster step (step back on right foot, step back on left, step forward on right)
- 29-30                Step left foot forward, replace weight onto right
- 31&32                Left coaster step (step back on left foot, step back on right, step forward on left)

## TWO COMPLETE TURNS AND TWO QUARTER PIVOTS

- 33-34                Step right foot forward beginning  $\frac{1}{2}$  turn left, step left foot back completing whole turn
- 35-36                Step right foot forward beginning  $\frac{1}{2}$  turn left, step left foot back completing whole turn
- 37-38                Step right foot forward, pivot  $\frac{1}{4}$  turn left
- 39-40                Step right foot forward, pivot  $\frac{1}{4}$  turn left

## CROSS TOE STRUTS WITH BODY SHAKES

Raising your hands to shoulder height and pumping your arms and hips backward and forward as you go:-

- 41-42                Cross right foot in front of left placing toes down first, then place heel to the floor
- 43-44                Cross left foot in front of right placing toes down first, then place heel to the floor
- 45-46                Cross right foot in front of left placing toes down first, then place heel to the floor
- 47-48                Cross left foot in front of right placing toes down first, then place heel to the floor

## REPEAT

In order for the dance to stay phrased with the music you must lose counts 15 & 16 on the second and fifth time of dancing the sequence