

# Shake You Down

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Lee Barry  
音樂: Shake You Down - Gregory Abbott



---

## HEEL SWITCHES, STEP BACK, DRAG; BACK TOGETHER, ¼ TURN, BEHIND & OVER

1&      Touch right heel forward, step right beside left  
2&      Touch left heel forward, step left beside right  
3-4      Take a long step back on right; drag left & touch beside right  
&5      Step left back, step right beside left turning ¼ turn right  
6      Step left to left side  
7&8      Cross right behind left, step left to left side, cross right over left

## SWAYS, STEP LONG TO LEFT SIDE, DRAG; & CROSS & CROSS, SIDE ROCK STEP

1-2      Sway hips left; sway hips right  
3-4      Take a long step left with left; drag right to left  
&      Step right beside left  
5&6      Cross left over right, step right to right side, cross left over right  
7-8      Step right to right side; rock left onto left

## ¼ TURN SHUFFLE, STEP ½ PIVOT; ¼ TURN STOMP, KICK & BACK, DRAG

1&2      Turn ¼ turn right & shuffle forward right, left, right  
3-4      Step left forward; pivot ½ turn right onto right  
5-6      Turn ¼ turn right & stomp left slightly to left side; kick right forward  
&7-8      Step right beside left, take a long step back with left; drag right to left

## OUT-OUT, ELVIS KNEE, BUMP & BUMP; CROSS ROCK STEP, & STEP PIVOT

&1-2      Step right out to right side, step left out to left side; push right knee in & bump hip left  
3&4      Bump hips right, center, right  
5-6      Step left over right; rock back onto right  
&7-8      Step left beside right; step right forward; pivot ½ turn left onto left

**REPEAT**

---