

Shake Ya Tailfeathers

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jo Everhart (USA)
音樂: Shake Ya Tailfeather - Nelly, P. Diddy, Murphy Lee



TOE-TOE, HEEL, TOE-TOE, HEEL

- 1&2 Shift left heel to right (angling body toward left corner) as you turn right toe in toward center at home position and tap it twice. Shift left toe to right as you tap right heel slightly forward in front. Weight remains on left foot at all times
- 3&4 Repeat 1&2

Styling: as you do these moves you can hop slightly toward right side. Optional arms: arms across chest to right hands fisted for counts 1& bring in toward center for count two

CROSS, BACK, SIDE, CROSS UNWIND ½

- 5&6 Cross right foot over left foot, step back on left foot, step right to right
- 7-8 Cross left foot over right foot, unwind ½ wall over right shoulder (weight on left foot)

TOE-TOE, HEEL, ROCK, STEP, TOUCH TOE

- 9&10 Shift left heel to right (angling body toward left corner) as you turn right toe in toward center at home position and tap it twice. Shift left toe to right as you tap right heel slightly forward in front. Weight remains on left foot at all times
- 11&12 Rock behind left foot on right foot, recover weight to left foot, touch right toe to right

HITCH, CROSS-TOUCH FRONT, HITCH, SIDE-TOUCH, HITCH, CROSS-TOUCH BACK, HITCH, SIDE-TOUCH, HITCH

- &13&14 Hitch right knee slightly up, cross right foot over left foot and touch toe, hitch right knee slightly up, touch toe to right
- &15&16& Hitch right knee slightly up, cross right foot behind left foot and touch toe, hitch right knee slightly up, touch toe to right, hitch right knee slightly up

Optional arms: shoulder shrugs- right shoulder up on all & or hitch counts, right shoulder down and left shoulder up on all touch or full counts

ROCK, STEP, STEP, STEP BEHIND, STEP, CROSS

- 17&18 Rock behind left foot on right foot, recover on left foot, step to right on right
- 19&20 Cross left foot behind right foot, step to right on right foot, cross left foot over right foot

UNWIND ½, CROSS, UNWIND ½, TOUCH TOE

- 21-22 Unwind ½ wall over right shoulder (weight on left foot), cross right foot over left foot
- 23-24 Unwind ½ wall over left shoulder (weight on right foot), touch left toe at home position

SIDE SHUFFLE LEFT-RIGHT-LEFT, CROSS, UNWIND A FULL TURN

- 25&26 Step left foot to left, step right foot next to left foot, step left foot to left
- 27-28 Cross right foot over left foot, unwind full turn (weight on right foot)

ROCK, STEP, STEP, HIP TOLL, HIP ROLL

- 29&30 Rock to left side on left foot, recover weight to right foot, step left foot to left (shoulder width apart, pushing left hip to left slightly)
- 31-32 Roll hips one full hip roll to the left, roll hips one full roll to the left

REPEAT