

Shake Up The Party

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數:
編舞者: Patricia Hancock (UK)
音樂: Shake Up the Party - Joy Enriquez



8 HIP BUMPS TO RIGHT THEN LEFT, TOUCHES TO FRONT AND SIDE

- 1&2 Bump hips to the right twice
- 3&4 Bump hips to the left twice
- 5-6 Touch right foot forward & across left foot, swiveling left foot 1/8 left, touch right foot to right swiveling left foot 1/8 right
- 7-8 Repeat counts 5-6

SAILOR STEPS TO THE LEFT THEN TO THE RIGHT. STEP FORWARD TOUCH, TURN ½ LEFT, SHUFFLE FORWARD

- 1&2 Sailor step to the left
- 3&4 Sailor step to the right
- 5-6 Step forward right foot angling body slightly left, touch left foot to right foot looking over right shoulder
- 7&8 Turn ½ left and shuffle forward left foot

REPEAT COUNTS 5-8. SKATE, SKATE AND SHUFFLE DIAGONALLY FORWARD

- 16-17 Step forward right foot angling body slightly left, touch left foot to right foot looking over right shoulder
- 18&19 Turn ½ left and shuffle forward left foot
- 21-22 Moving diagonally right skate forward on right foot, then diagonally left on left foot
- 23&24 Shuffle right foot forward diagonally right

SKATES AND SHUFFLE FORWARD; SYNCOPATED WEAVE, HOLD A COUNT, TURN A ¼ RIGHT

- 25-26 Moving diagonally left skate forward on left foot, then diagonally right on right foot
- 27&28 Shuffle left foot forward diagonally left
- 29&30 Step right foot behind left foot, step left foot to the side, step right foot across left foot (syncopated weave to the left)
- 31 Hold
- &32 Jump onto left foot with a ¼ turn right, touch right foot to right keeping weight over left hip, ready for hip bumps to the right

REPEAT
