

Shake The Sugar Tree

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Joanne Mulliner (UK)
音樂: Shake The Sugar Tree - Kay D



HEEL HOOK STEP TWICE, ROCK STEP BACK, BACK LOCK BACK

1&2 Touch right heel forward, hook in front of left, step forward on right
3&4 Touch left heel forward, hook in front of right, step forward on left
5&6 Rock forward on right, step left in place, step back on right
7&8 Step back on left, lock right in front of left, step back on left

COASTER STEP, LEFT SHUFFLE, ROCK STEP ½ SHUFFLE TURN

9&10 Step right foot back, step left next to right, step forward on right
11&12 Step forward on left, step right next to left, step forward on left to
13-14 Rock forward on right, recover weight on left
15&16 Turn a half turn over right shoulder on right, left, right

STEP PIVOT ½, LEFT SHUFFLE, HIP BUMPS RIGHT-LEFT-RIGHT, LEFT-RIGHT-LEFT

17-18 Step forward on left, pivot ½ turn over right shoulder
19&20 Step forward on left, step right next to left, step forward on left
21&22 Touch ball of right foot forward and bump hips right, left, right ending with weight on right foot
23&24 Touch ball of left foot forward and bump hips left, right, left ending with weight on left foot

CROSS ROCK ¼ SHUFFLE TURN, STEP PIVOT ½, LEFT SHUFFLE

25-26 Cross right in front of left, recover weight on right
27&28 Step right to right side, step left next to right, turn ¼ right stepping onto right foot
29-30 Step forward on left, pivot ½ turn over right shoulder
31&32 Step forward on left, step right next to left, step forward on left

ROCKING CHAIR, STEP PIVOT ½, CROSS & HEEL & CROSS & HEEL &

33&34& Rock forward on right, recover weight on left, rock back on right, recover weight on left
35-36 Step forward on right, pivot ½ turn left, step forward on left
37&38& Cross right over left, step left to left side, touch right heel to right side, step right next to left
39&40& Cross left over right, step right to right side, touch left heel to left side, step left next to left

CROSS SIDE ¼ SAILOR TURN, CROSS SIDE, HINGE TURN LEFT SIDE SHUFFLE

41-42 Cross right over left, step left to left side
43&44 Step right behind left, step left to left side turn ¼ right stepping onto right foot
45-46 Cross left over right, step right to right side
47&48 Turn ½ turn over left shoulder stepping left to left side, step right next to left, step left to left side

CROSS ROCK ¼ TURN, FULL TRIPLE TURN, ROCK STEP BACK, BEHIND UNWIND

49&50 Rock forward on right, recover weight on left, turn ¼ stepping onto right foot
51&52 Turn a full turn right stepping on left, right, left (or 3 quick walks forward)
53&54 Rock forward on right, recover weight on left, step back on right
55-56 Touch left foot behind right and unwind ½ turn left ending with weight on left foot

REPEAT

RESTART

On wall 4 dance the first 20 counts then restart the dance

On wall 5 dance the first 32 counts then restart the dance
On wall 6 dance the first 32 counts then restart the dance

ENDING

On wall 7 dance the first 36 counts then step forward on right foot to end the dance

If using the Pam Tillis track the dance finishes on count 2 of section 4 on wall 6 as the music fades out
