

# Shake That Thing

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: The Lady In Black (UK)  
音樂: Shake That Thing - The Fantastic Shakers



## TOE TOUCHES & HOLDS/JUMPS FORWARD & BACK (WITH SHIMMIES)/JUMP FORWARD

1&2      Touch right toe to left instep, step right forward, touch left toe to right instep  
&3&4      Step left forward, touch right toe to left instep, step right forward, touch left toe to right instep  
&5-6      Jump forward stepping left, then right, hold, (shimmy shoulders forward on jumps & hold)  
&7-8      Jump back stepping right, then left, hold, (shimmy shoulders back on jumps & hold)

## HEEL JACKS /JUMP FORWARD/HOLD/HIP ROLL

&1&2      Step back on right, touch left heel forward, step left into place, step right next to left  
&3&4      Step back on left, touch right heel forward, step right into place, step left next to right  
&5-6      Jump forward stepping right, then left, hold  
7-8      Roll hips full circle counter to the right

## KICKS WITH ¼ TURN RIGHT/SAILOR STEP/TOE DIGS WITH ¼ TURN RIGHT

1-2      Kick right forward, kick right forward ¼ turn right pivoting on left  
3&4      Cross right behind left, step left to left, step right in place  
5-6-      Touch left toe forward, drop left heel click fingers  
7-8      Twist body ¼ right raising right heel, twist body back ¼ left drop right heel click fingers

## TOE DIGS WITH ¼ TURNS/KICKS /SAILOR STEP

1-2      Raise left heel, twist body ¼ turn right drop left heel click fingers  
3-4      Raise right, drop right heel click fingers  
5-6      Kick left forward, kick left to left  
7&8      Cross left behind right, step right to right, step left in place

## WEAVE/ROCK RECOVER/¾ TRIPLE TURN RIGHT

1-2      Step right to right, cross left behind right  
3-4      Step right to right, cross left in front of right  
5-6-      Rock right to right, recover weight back on left  
7&8      Triple step ¾ turning right, stepping right, left, right

Option for weave: Syncopated weave, counts &1&2&3&4

## DIAGONAL KICKS/KICKS FORWARD TWICE/ COASTER STEP

1&2      Kick left across right, step left into place, kick right across left  
&3&4      Step right into place, kick left across right, step left into place, kick right across left  
&5-6      Step right in place, kick left forward twice  
7&8      Step left back, step right next to left, step left forward

REPEAT