

# Shake That Thing

拍數: 32      牆數: 4      級數: Improver  
編舞者: Eddie Ainsworth (UK) & Ed Lawton (UK)  
音樂: Shake That Thing - The Fantastic Shakers



## SYNCOPATED JUMP FORWARD, CLAP, HIP ROLLS, SYNCOPATED JUMP BACK, CLAP, HIP ROLLS

- &1-2      Jump forward on right, left. (feet shoulder width apart) clap hands on count 2  
3-4      Roll hips over 2 counts, to the left  
&5-6      Jump back on right, left. (feet shoulder width apart) clap hands on count 2  
7-8      Roll hips over 2 counts, to the left

## ROCK, RECOVER, TOUCH BACK, REVERSE PIVOT, LEFT ½ PIVOT, STEP, HOLD

- 9-10      Rock forward on right, recover weight back onto left  
11-12      Touch right toe back, pivot on ball of left making ½ a turn over right shoulder (weight ends on right foot)  
13-14      Step forward on left foot, pivot over right shoulder on balls of both feet making ½ a turn to right  
15-16      Step forward on left foot, bending body slightly forward with left hand on left thigh, hold on count 16

## RIGHT HIP BUMPS, LEFT HIP BUMPS, KNEE WALKS X4

- 17&18      Step right foot forward pushing hips to right, bump hips to left, bump hips to right  
19&20      Repeat counts 17 & 18 starting on left foot  
21-22      Step forward on right bending knee slightly to left, step forward on left bending knee slightly to right  
23-24      Repeat counts 21 - 22

## SHIMMY RIGHT, ½ TURN, KNEE WALKS X3, TOUCH

- 25-26      Shimmy shoulders to right side as you rock right foot to right side and recover weight back onto left  
27-28      On ball of left foot make ½ a turn over right shoulder, bringing right foot next to left, weight ends on right foot  
29-30      Step left foot forward bending knee slightly to right, step right foot forward bending knee slightly to left  
21-32      Step left forward bending knee slightly to right, touch right toe next to left

## SYNCOPATED GRAPEVINE WITH ¼ TURN, STEP ½ PIVOT, STEP TOUCH TWICE

- 33-34      Step right foot to right side, cross left behind right  
&35-36      Step ¼ turn on right foot, to right side, step forward on left foot, pivot ½ a turn over right shoulder. (weight ends on right foot)  
37-38      Step forward on left foot, touch right toe to right side. (traveling forward)  
39-40      Step forward on right foot, touch left toe to left side. (traveling forward)

## LEFT ½ PIVOT, ROCK FORWARD, RECOVER, BACK LEFT SHUFFLE, ROCK BACK RECOVER

- 41-42      Step forward on left foot, pivot ½ a turn over right shoulder (weight ends on right foot)  
43-44      Rock forward on left foot, recover weight back onto right  
45&46      Step left foot back, step right next to left, step back on left foot  
47&48      Rock back on right foot, recover weight back onto left foot

## REPEAT