

# Shake It!

拍數: 64      牆數: 2      級數:  
編舞者: Don Deyne (USA)  
音樂: Who's Cheatin' Who - Alan Jackson



When using "The Shake", on the 2nd and 4th time through the dance, repeat counts 57-64 on the 8 extra counts of music.

## SHAKE IT TO THE LEFT, SHAKE IT TO THE RIGHT

1-2            Bump hips left, bump hips right  
3-4            Bump hips left, hold  
**(Option) lean left and shake anything you can for 4 counts**  
5-6            Bump hips right, bump hips left  
7-8            Bump hips right, hold  
**(Option) lean right and shake anything you can for 4 counts**

## CROSS, HOLD, PIVOT, HOLD, LEFT, RIGHT, LEFT, TOUCH RIGHT

9-10           Rock step on ball of left across right, hold  
11-12          Pivot  $\frac{1}{4}$  turn right shifting back to right, hold  
13-14          Face  $\frac{1}{4}$  turn right and step together left, step in-place right  
15-16          Step in-place left, touch right toe next to left foot

## CROSS, HOLD, PIVOT, HOLD, RIGHT, LEFT, RIGHT, TOUCH LEFT

17-18          Rock step on ball of right across left, hold  
19-20          Pivot  $\frac{1}{4}$  turn left shifting weight back to left, hold  
21-22          Face  $\frac{1}{4}$  turn left and step together right, step in-place left  
23-24          Step in-place right, touch left toe next to right foot

## VINE LEFT, SCUFF RIGHT, $\frac{1}{2}$ TURN VINE RIGHT, STEP LEFT

25-26          Side step left, step right behind left  
27-28          Side step left, scuff forward right (or touch right toe)  
29-30          Side step right, step left behind right  
31-32          Face  $\frac{1}{4}$  turn right and step right, pivot  $\frac{1}{4}$  turn right and step together left

## SHAKE IT TO THE RIGHT, SHAKE IT TO THE LEFT

33-34          Bump hips right, bump hips left  
35-36          Bump hips right, hold  
37-38          Bump hips left, bump hips right  
39-40          Bump hips left, hold

## CROSS, HOLD, 3-STEP $\frac{1}{2}$ TURN RIGHT, HOLD

41-42          Rock step on ball of right across left, hold  
43-44          Rock step back onto left in-place, hold  
45-46          Face  $\frac{1}{4}$  turn right and step right, face  $\frac{1}{4}$  turn right and step together left  
47-48          Step in-place right, hold (or touch left toe)

**Weight is on right foot. You are now facing the original wall (12:00)**

## CROSS, HOLD, 3-STEP $\frac{1}{2}$ TURN LEFT, HOLD

49-50          Rock step on ball of left across right, hold  
51-52          Rock step back onto right in-place, hold  
53-54          Face  $\frac{1}{4}$  turn left and step left, face  $\frac{1}{4}$  turn left and step together right  
55-56          Step in-place left, hold (or touch right toe)

**Weight is on left foot. You are now facing the back wall (6:00)**

**SHIMMY RIGHT, SHIMMY RIGHT**

**(Option) clap hands on 58, 60, 62, and 64 (clap with the song)**

57-58 Big side step right, begin dragging left toe to right foot shaking shoulders (or anything else)

59-60 Continue left toe drag, step together left

61-62 Big side step right, begin dragging left toe to right foot shaking shoulders

63-64 Continue left toe drag, touch left toe beside right

**REPEAT**

**A lot of the touches on counts 4 and 8 may become holds. Primary concern would be where your weight is for the next step.**

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