Shakalaka Baby!

級數: Intermediate/Advanced

編舞者: Livio (IT)

拍數: 64

音樂: Shakalaka Baby - Nayak & Mahiram

KICK & STEP, WALK, TOUCH, TWICE

- Right kick diagonally forward, right step together, left step together 1&2
- 3-4 Step right forward, left toe touch next to right
- 5&6 Left kick diagonally forward, left step together, right step together
- 7-8 Step left forward, right toe touch next to left

ROCK, BEHIND & CROSS, ROCK, TURN 1/4 BEHIND & CROSS TWICE

- 9-10 Right step side, rock weight onto left
- 11&12 Right step behind left, left step side, right cross over left
- 13-14 Left step side, rock weight onto right
- 15&16 Left step behind right, right step side making a 1/4 turn right, step left forward
- 17-18 Right step side, rock weight onto left
- 19&20 Right step behind left, left step side, right cross over left
- Left step side, rock weight onto right 21-22
- 23&24 Left step behind right, right step side making a 1/4 turn right, step left forward

FORWARD STEP SLIDES

- 25-32 Arm movements above your head or in front of your face in the traditional style of the music
- 25-26 Right step forward diagonally, left slide next to right
- 27-28 Right step forward diagonally, left slide next to right
- 29-30 Left step forward diagonally, right slide next to left
- 31-32 Left step forward diagonally, right slide next to left

STOMP, CLAP, TURN, CLAP, SPEEDY HIP ROLLS!

- 33-34 Left stomp forward, clap
- 35-36 Pivot ¹/₂ turn right, clap
- 37-38 Left foot stomp out to side, right foot stomp out to side, (point toes out to diagonals)
- 39-42 Roll hips 4 times (fast) to the left

BUDDHA

43

Lift left toe off floor as you lift right heel off floor

Arms up in Buddha position palms facing up at shoulder height, extend right palm up as you move left palm down

- 44 Place them down
- Bring both palms level again
- Lift right toe off floor as you lift left heel off floor 45
- Arms up in Buddha position palms facing up at shoulder height, extend left palm up as you move right palm down
- 46 Place them down

Bring both palms level again

WALKS, SHUFFLE, SIDE, TOGETHER. SHUFFLE, SIDE, TOGETHER, SHUFFLE 1/4

- Walk forward right, left, right left 47-50
- 51&52 Right shuffle forward
- 53-54 Left step side, right foot step together
- 55&56 Left side shuffle
- 57-58 Right step side, left foot step together



牆數: 4

59&60 Right side shuffle making a ¼ turn right

WALKS, KICK

REPEAT