

Shakalaka Baby!

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Livio (IT)
音樂: Shakalaka Baby - Nayak & Mahiram



KICK & STEP, WALK, TOUCH, TWICE

1&2 Right kick diagonally forward, right step together, left step together
3-4 Step right forward, left toe touch next to right
5&6 Left kick diagonally forward, left step together, right step together
7-8 Step left forward, right toe touch next to left

ROCK, BEHIND & CROSS, ROCK, TURN ¼ BEHIND & CROSS TWICE

9-10 Right step side, rock weight onto left
11&12 Right step behind left, left step side, right cross over left
13-14 Left step side, rock weight onto right
15&16 Left step behind right, right step side making a ¼ turn right, step left forward
17-18 Right step side, rock weight onto left
19&20 Right step behind left, left step side, right cross over left
21-22 Left step side, rock weight onto right
23&24 Left step behind right, right step side making a ¼ turn right, step left forward

FORWARD STEP SLIDES

25-32 Arm movements above your head or in front of your face in the traditional style of the music
25-26 Right step forward diagonally, left slide next to right
27-28 Right step forward diagonally, left slide next to right
29-30 Left step forward diagonally, right slide next to left
31-32 Left step forward diagonally, right slide next to left

STOMP, CLAP, TURN, CLAP, SPEEDY HIP ROLLS!

33-34 Left stomp forward, clap
35-36 Pivot ½ turn right, clap
37-38 Left foot stomp out to side, right foot stomp out to side, (point toes out to diagonals)
39-42 Roll hips 4 times (fast) to the left

BUDDHA

43 Lift left toe off floor as you lift right heel off floor
Arms up in Buddha position palms facing up at shoulder height, extend right palm up as you move left palm down
44 Place them down
Bring both palms level again
45 Lift right toe off floor as you lift left heel off floor
Arms up in Buddha position palms facing up at shoulder height, extend left palm up as you move right palm down
46 Place them down
Bring both palms level again

WALKS, SHUFFLE, SIDE, TOGETHER. SHUFFLE, SIDE, TOGETHER, SHUFFLE ¼

47-50 Walk forward right, left, right left
51&52 Right shuffle forward
53-54 Left step side, right foot step together
55&56 Left side shuffle
57-58 Right step side, left foot step together

59&60 Right side shuffle making a $\frac{1}{4}$ turn right

WALKS, KICK

61-64 Walk back left, right, left, kick right foot forward

REPEAT
