

Shaka Bon Bon

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Warren Mitchell (AUS)
音樂: Shake Your Bon-Bon - Ricky Martin



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- 1-2 Rock forward right, step left on spot
&3-4 Turn ½ to right stepping right together, step left forward pivoting ¼ to right
- 1&2 Step left over right, rock right to right, step left to left (samba cross)
3&4 Step right over left, rock left to left, step right to right(samba cross)
- 1-2 Rock left forward, step right on spot
3&4 Turn ½ to left then shuffle forward left - left-right-left
5-6 Step right forward pivoting ½ to left
7-8 Step right together, step left together (to be taken out on walls 2 & 5)
- 1-2 Hips - right-left
3&4 Hips - right-left-right
1-2 Hips - left-right
3&4 Hips - left-right-left
- 1-2 Step right to right, step left over right
3&4 Shuffle to right - right-left-right
5-6 Step left to left, step right over left
7&8 Shuffle to left - left-right-left
- 1-2 Step right forward pivoting ½ to left (round the world)
3-4 Step right forward pivoting ½ to left (round the world)
- 1-2 Rock right forward, step left on spot
&3&4 Jump feet slightly back apart, hips - left-right-left
- 1-2 Hips - right-left
3&4 Hips - right-left-right
5-6 Hips - left-right
7&8 Hips - left-right-left

REPEAT
