

Shaggy's Love

拍數: 66 牆數: 0 級數:
編舞者: Victor Watts (AUS) & Jodi Page (AUS)
音樂: He's A Heartache - Janie Fricke



- 1-2 Step back slightly onto right toe, place right heel down
3-4 Step back slightly onto left toe, place left heel down
5-6 Step back slightly onto right toe, place right heel down
7-8 Step back slightly onto left toe, place left heel down
- 1-4 Double hips forward, double hips back
5-6 Single hips forward & dipping body as you bring hips back
7-8 Single hips forward, single hips back
- 1 Jump back onto left foot with right heel forward at 45 degrees
2 Turning body slightly right jump back onto right foot with left heel forward at 45 degrees
3 Turning body slightly left jump back onto left foot with right heel forward at 45 degrees
4 Turning body slightly right clap
5 Jump back onto right foot with left heel forward at 45 degrees
6 Turning body slightly left clap
7 Jump back onto left foot with right heel forward at 45 degrees
8 Turning body slightly right clap
- Turning body 45 degrees left and traveling to the right**
- &1 Bring left foot beside right & twist heels right
2-4 Twist toe right, twist heels right, twist toes right
&5&6 Turning 45 degrees right step forward onto left foot, continue to turn a further ¼ turn right, touch right toe behind left
7-8 Step right foot to the side, touch left toe behind right
- 1-2 Step left foot to the side, touch right toe behind left
3 (Placing right foot beside left) twist heels right
4 Twist toes right
5-8 Twist heels right, clap, twist heels left, clap
- 1-2 Step right foot to the side, pivot turn ½ turn left
3-4 Step left to the side, turn a further ¼ turn left
5-6 Step forward onto right foot, touch left toe behind right
- 7&8 Shuffle backward left-right-left pivot turn ½ turn right
- 1&2 Shuffle forward right-left-right
3-4 Step forward onto left, rock back onto right
5&6-7&8 Turning ¼ turn left shuffle sideways left left-right-left, turning ½ turn right (hinge turn) shuffle sideways right right-left-right
- 1 Turning ¼ turn right step forward onto left
2 Turning ¼ turn left rock back onto right foot
3&4 Shuffle sideways left left-right-left, turning ½ turn right (hinge turn)
5&6 Shuffle sideways right right-left-right
&7-8 Turning ¼ turn right step forward onto left foot, rock back onto right

1&2

(Coaster step) step back onto left foot, place right foot beside left, step forward onto left

REPEAT
