

Shadows Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Advanced
編舞者: Barry Durand (USA)
音樂: Shadows In the Night - Scooter Lee



CROSSOVER BREAK, CHA-CHA RIGHT, MIRROR TURN, BEGIN CHA-

- 1 Step left foot to left side turning $\frac{1}{4}$ to left
- 2-3 Cross-step right foot over left foot, rock back (recover) left foot in place
- 4&5 Pivot $\frac{1}{4}$ to right on ball of left foot and step right foot to right side, step left foot together, step right foot to right side turning $\frac{1}{4}$ to right (cha-cha-cha)
- 6-7 Push turn: step left foot forward, turn $\frac{1}{2}$ to right on ball of left foot and step right foot in place
- 8 Pivot $\frac{1}{4}$ to right on ball of right foot and step left foot to left side (cha)

CONTINUE CHA-CHA LEFT, ROCK BACK, RECOVER, STEP FORWARD, OUT-OUT, CLAP HANDS, ROCK HIPS RIGHT-LEFT

- &1 Step right foot together, step left foot to left side (cha-cha)
- 2-3 Rock back on right foot, rock left foot forward (recover)
- 4&5 Step right foot forward, hop left foot to left, hop right foot to right (feet apart)
- 6 Clap hands
- 7-8 Rock hips to right, rock hips to left

ROCK HIPS RIGHT, MAMBO STEPS, KICK

- 1 Rock hips to right ending weight on right foot
- 2&3 Rock left foot forward, step right foot in place, step left foot together
- 4&5 Rock back on right foot, step left foot in place, step right foot together
- 6&7 Rock left foot forward, step right foot in place, step left foot together
- 8 Kick right foot forward

BALL-CHANGE, STEP, KNEE UP, CHA-CHA IN PLACE, STEP, KNEE UP, BEGIN CHA-

- &1 Rock back on right foot, rock forward on left foot (ball-change)
- 2-3 Step right foot forward, bring left knee up
- 4&5 Cha-cha-cha in place left-right-left
- 6-7 Step right foot forward, bring left knee up
- 8 Step left foot in place to begin cha

CHA-CHA, FORWARD TRIPLES (CHA-CHA LOCK), ROCK FORWARD, ROCK BACK WITH $\frac{1}{4}$ RIGHT, BEGIN CHA-

- &1 Step in place right-left (cha-cha)
- 2&3 Step right foot forward, step left foot to lock beside right foot, step right foot forward
- 4&5 Step left foot forward, step right foot to lock beside left foot, step left foot forward
- 6-7 Rock right foot forward, rock back on left foot and turn $\frac{1}{4}$ to right on ball of left foot
- 8 Step right foot to right side (cha-)

CHA-CHA TO RIGHT, SLOW CROSS-STEPS, $\frac{1}{2}$ PUSH TURN, $\frac{1}{4}$ RIGHT AND BEGIN CHA-CHA- TO LEFT

- &1 Slide left foot together, slide right foot to right side
- 2-3 Bring left foot across in front of right foot, step left foot crossed over right foot
- 4-5 Bring right foot to right behind and passing left foot, step on right foot turned $\frac{1}{4}$ to right
- 6-7 Push turn: step left foot forward, turn $\frac{1}{2}$ to right on ball of left foot and step right foot in place
- 8& Pivot $\frac{1}{4}$ to right on ball of right foot and step left foot to left side, step right foot together (cha-cha)

REPEAT

